

# Village of Hartland RECREATION

program guide

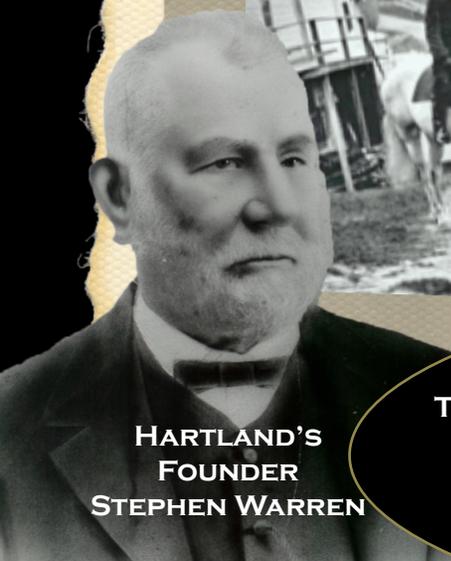
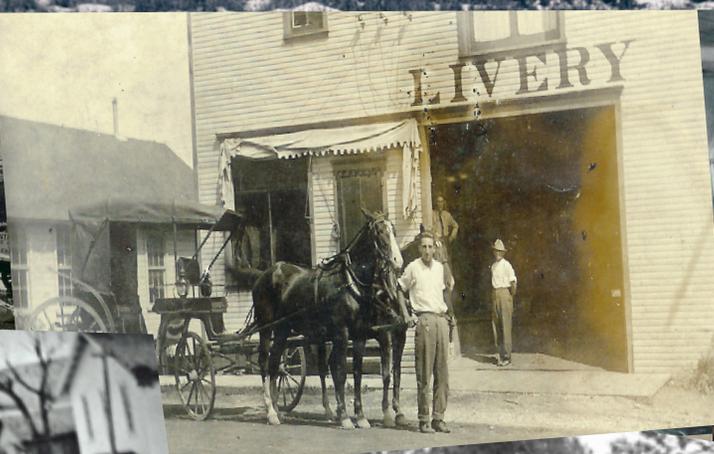
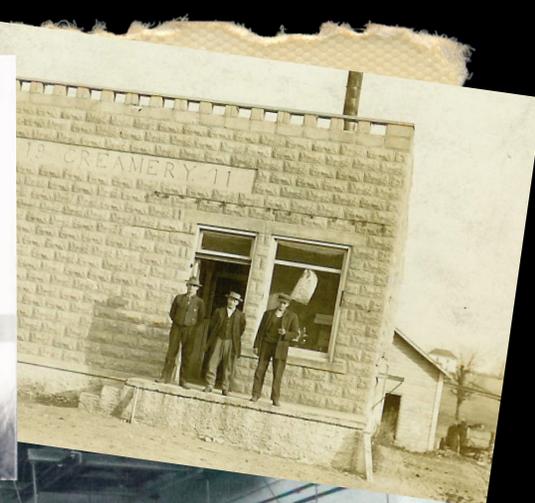
Village of Hartland's  
125<sup>th</sup> Anniversary

- SPECIAL EDITION -

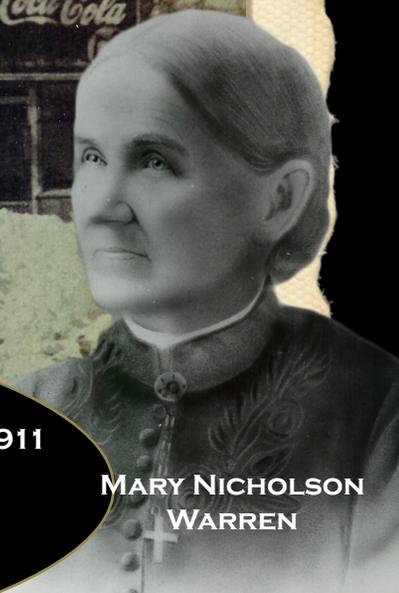


**FREE TRY-IT-WEEK: JANUARY 9 - 13**

**WINTER/SPRING 2017**



HARTLAND'S  
FOUNDER  
STEPHEN WARREN



MARY NICHOLSON  
WARREN

PHOTOS COURTESY OF THE  
LOCAL HISTORY ROOM OF THE HARTLAND PUBLIC LIBRARY.  
TOP ROW L TO R: HARTLAND GRADE SCHOOL 1910 - 1967, BILLBOARD, CREAMERY 1911  
SECOND ROW: GOODWIN AVE, WITTENBERG LIVERY, HARTLAND CREAMERY.  
BOTTOM ROW: 1870-1880 STREET SCENE, 235 EAST CAPITOL,  
MA JOHNSON'S ON WEST CAPITOL DR 1940.

# Village of Hartland's 125<sup>th</sup> Anniversary

**The Village of Hartland will celebrate its 125th anniversary in 2017.**

After having been granted the right to incorporate, the newly created Village of Hartland came into being on January 18, 1892 and we think that is worth celebrating! During 2017, the Village is hoping to hold a number of events and to use the 125th anniversary (or “quasquicentennial” if you prefer a tongue-twister) theme during our upcoming events.

The Village Board is hoping to find a few local residents and other interested people to work as a committee to guide the celebrations. This might mean creating some displays for the Village Hall, Library or park. It might mean writing some stories about Hartland history for the paper and Village newsletters. It may mean developing some new events or enhancing existing events at which the community can gather to celebrate. Whatever it is, we are hoping a group of people will step forward to help us celebrate our history.

To begin our celebration, on Wednesday, January 18, 2017, one of our local historians will present a history of Hartland from the early 1800's through our incorporation as a Village to “modern” times. The details of the event will be publicized on the Village's websites and social media outlets, in the local media and in our weekly electronic newsletter, Hartland Happenings so stay tuned. After the presentation, we will chat with anyone interested in joining our committee to guide our future celebratory events.

In cooperation with the Local History Room at the Hartland Public Library, a number of historic photos have been placed throughout this Recreation Guide. We hope that you will enjoy a few glimpses of our history as you plan to enjoy the many offerings of your Recreation Department. You are also invited to check out the Local History Room at the Hartland Library, which is open any time the Library is open.

# GENERAL INFORMATION

## REFUND AND CREDIT POLICY

A full refund or credit will be granted to any participant requesting a refund not less than 2 weeks prior to the first day of the program. Any refund requests that occur 2 weeks or less from the first day of the program will receive a refund or credit, less a 20% administrative fee. Refunds or credit will not be given once the program has started, because the decision to hold a class is based on the first day enrollment. The fee for any class that the participant will miss during the program will not be prorated. Participants may not attend another program to make-up for a missed class. Participants assume the risk of changes in personal affairs, health or vacation, when they are unable to participate in trips, classes, programs or special events.

The Hartland Recreation & Community Education Department has the right to cancel or combine any program, class, special event or trip due to insufficient registration or for any other reasons that would prevent the Village of Hartland Recreation & Community Education Department from providing a quality program. If the Hartland Recreation & Community Education Department does cancel a class a full refund will be given. Please allow 2 - 3 weeks to receive a refund check. Alternatively a credit will be processed immediately to your account.

## RESIDENCY REQUIREMENT

The Hartland Recreation & Community Education Department and Hartland Lakeside School District has developed a partnership to provide programs for the community. The purpose of the partnership is to provide expanded programming and greater access to the tax-supported School District facilities. All residents who pay taxes to the Village of Hartland, City of Delafield, or the Hartland Lakeside School District will be considered a "resident". One who pays taxes to other municipalities or school districts will be considered a "non-resident."

Employees of businesses in the Village of Hartland will receive the RESIDENT RATE when they sign up for a class at the Hartland Recreation Department. In order to receive the resident rate, participant must first complete a registration form and submit it by mail, fax or drop it off at 210 Cottonwood Ave, Hartland.

## HOW TO REGISTER

You will receive a receipt if your email is provided.



**Online registration:** visit [www.villageofhartland.com](http://www.villageofhartland.com) and click on the "Recreation Registration!" icon to set up your online account.



**Drop off** registration form in the drop box in front of Village Hall or in the Hartland Community Center, 210 Cottonwood Ave, Hartland.



**Mail registration form or register in person at:** Village of Hartland, 210 Cottonwood Ave., Hartland, WI 53029. Office hours are Monday - Friday, 7:30 am - 4:30 pm.



**Fax** your registration form with credit card information to 262-367-2430.

## INCLEMENT WEATHER

If the weather is questionable and may cause classes to be cancelled, please visit [www.villageofhartland.com](http://www.villageofhartland.com) to see if your class is cancelled.

## ANNUAL FEE

Non-residents may purchase an Annual Non-Resident Card for \$50.00 per person or \$150.00 per family (up to 4 members). After purchase the individual or family members will then be eligible to receive the resident rate for all programs. All family members must reside at the same address. The Annual Non-Resident Card expires one year from date of purchase. A card and number will be issued and must be written on the registration form at the time of registration.

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## HARTLAND RECREATION DEPARTMENT

210 Cottonwood Ave, Hartland, WI

Phone: 262-367-0352

Email: [kelly@villageofhartland.com](mailto:kelly@villageofhartland.com)

[www.villageofhartland.com](http://www.villageofhartland.com)

## INCLUSION

The Village of Hartland Recreation Department & Community Education Department complies with the Americans with Disabilities Act and will make reasonable modifications to support inclusive recreation participation. Please direct any questions to Kelli at [kelly@villageofhartland.com](mailto:kelly@villageofhartland.com) or 262-367-0352.

## INSURANCE POLICY

The Village of Hartland does not provide hospital or medical insurance coverage for person(s) participating in sponsored activities and can not assume responsibility for injury to participants in its recreation and community education programs, special events, classes or trips. Participants are encouraged to obtain their own insurance coverage prior to the start of the program and to consult with a physician before participation in any strenuous activity.

# REGISTRATION FORM

VILLAGE OF HARTLAND, 210 COTTONWOOD AVENUE, HARTLAND, WI 53029

PHONE 262-367-0352 FAX 262-367-2430

www.villageofhartland.com

PLEASE PRINT & FILL OUT COMPLETELY (Make additional copies as needed)

Payer Name \_\_\_\_\_

Address \_\_\_\_\_ Apt # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work/Cell Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

I would like to be signed up to receive *Hartland Happenings*, Hartland's e-Newsletter, by email (please circle):                      Yes    No

I would like to be signed up to receive current recreation program information by email (please circle):                      Yes    No

Geographic Area (i.e., Village of Hartland, Town of Delafield, Village of Merton) \_\_\_\_\_

If you are an employee of a Village of Hartland business, please list: Name of business you work for \_\_\_\_\_

Address of business \_\_\_\_\_ Phone number of business \_\_\_\_\_

In case of an emergency, please contact me at home or work and if I cannot be reached please contact:

Name \_\_\_\_\_ Phone \_\_\_\_\_ Relation to participant \_\_\_\_\_

*Fill in programs for each participant:*

| PARTICIPANT'S NAME |      | BIRTHDATE |     |      | SEX | PROGRAM TITLE or<br>PROGRAM NUMBER | DATES OF<br>PROGRAM | TIME | PROGRAM<br>FEE |
|--------------------|------|-----------|-----|------|-----|------------------------------------|---------------------|------|----------------|
| FIRST              | LAST | MO        | DAY | YEAR |     |                                    |                     |      |                |
|                    |      |           |     |      |     |                                    |                     |      |                |
|                    |      |           |     |      |     |                                    |                     |      |                |
|                    |      |           |     |      |     |                                    |                     |      |                |
|                    |      |           |     |      |     |                                    |                     |      |                |
|                    |      |           |     |      |     |                                    |                     |      |                |

**All participants are requested to sign the following release. Parent or guardians must sign for minors.**

I/We the undersigned, do hereby agree to allow the above named to participate in the activity indicated. I/We are aware of and understand that there may be potential risks inherent with participating in any recreational activities and that the Village of Hartland does not provide accident insurance. I/We assume all risks and hazards incidental to such participation including transportation to and from the activities and do hereby waive, release, absolve, indemnify and agree to hold harmless the Hartland Recreation Department employees, staff, and other persons for any and all claims, injuries, liabilities, damage or right of action directly or indirectly arising out of the use of Hartland Recreation Department facilities, equipment, and/or participation in Village of Hartland Recreation Department activities. In the event of medical emergency, I authorize the Recreation Department staff to obtain medical treatment for the above named. I give permission for myself or my child to appear in media/promotion materials approved by the Village of Hartland.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

\_\_\_\_ Check (payable to Village of Hartland)  
 \_\_\_\_ Cash  
 \_\_\_\_ Credit Card    \_\_\_\_ MasterCard    \_\_\_\_ Visa

Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Payment Amt \_\_\_\_\_

Card #: \_\_\_\_\_

Card Holder Name: \_\_\_\_\_

Signature \_\_\_\_\_

**Total**

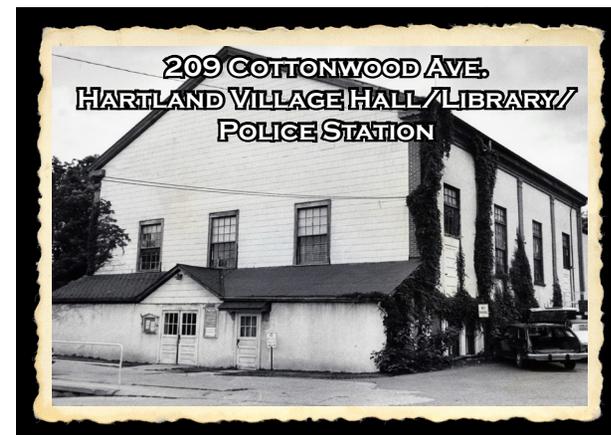
# FREE TRY-IT-WEEK: JANUARY 9 - 13

The classes listed below are participating in the Free Try-It-Week. If you would like to try one that is listed, please check the time, location and day and show up for that class.

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|---|---|---|---|
| Core Fitness<br>8:30 - 9:30 am<br>Hartland Community Center | Yoga for Life<br>8:45 - 10:00 am<br>Hartland Community Center | Core Fitness<br>8:30 - 9:30 am<br>Hartland Community Center | Yoga for Life<br>8:45 - 10:00 am<br>Hartland Community Center   | Core Fitness<br>8:30 - 9:30 am<br>Hartland Community Center |
| Moderate Yoga<br>8:30 - 9:45 am<br>Delafield Fish Hatchery  | Chair Yoga<br>10:15 - 11:00 am<br>Hartland Community Center   | Moderate Yoga<br>8:30 - 9:45 am<br>Delafield Fish Hatchery  | Chair Yoga<br>10:15 - 11:00 am<br>Hartland Community Center     | Cardio Fit<br>9:45 - 10:45 am<br>Hartland Community Center  |
| Gentle Yoga<br>10:00 - 11:00 am<br>Delafield Fish Hatchery  | Yoga Strength<br>10:45 - 11:45 am<br>Delafield Fish Hatchery  | Cardio Fit<br>9:45 - 10:45 am<br>Hartland Community Center  | Yoga for Life<br>5:45 - 7:00 pm<br>Hartland Community Center    |   |
| Qi Gong<br>11:30 - 12:30 pm<br>Hartland Community Center    | Yoga for Life<br>5:45 - 7:00 pm<br>Hartland Community Center  | Gentle Yoga<br>10:00 - 11:00 am<br>Delafield Fish Hatchery  | Zumba<br>6:00 - 7:00 pm<br>Delafield Fish Hatchery              |   |
| Nia<br>12:00 - 1:00 pm<br>Delafield Fish Hatchery           | Zumba<br>5:45 - 6:45 pm<br>Delafield Fish Hatchery            | Alignment Yoga<br>6:00 - 7:00 pm<br>Delafield Fish Hatchery | Progressive Paws<br>6:00 - 7:00 pm<br>Hartland South Elementary |   |
| Core Fitness<br>5:15 - 6:15 pm<br>Hartland Community Center | Basic Paws<br>6:00 - 7:00 pm<br>Hartland South Elementary     |   |   |   |

**Program Locations:** The following locations and addresses are where programs will be held.

|   |  |  |   |
|---|--|--|---|
| Centennial Park<br>701 HWY K<br>Hartland, WI                          | Delafield Fish Hatchery<br>417 Main St.<br>Delafield, WI         | Hartland Community Center<br>100 E. Park Ave.<br>Hartland, WI    | Hartland Fire Dept. Classroom<br>150 Lawn St.<br>Hartland, WI       |
| Hartland Library<br>110 E. Park Ave.<br>Hartland, WI                  | Hartland North Elementary<br>232 Church St.<br>Hartland, WI      | Hartland South Elementary<br>651 E. Imperial Dr.<br>Hartland, WI | Heat Athletics<br>N64W22480 Main St.<br>Sussex, WI                  |
| Knollwood Stables<br>2800 Oakwood Rd.<br>Hartland, WI                 | Lake Country Fine Arts<br>112 W. Capitol Dr.<br>Hartland, WI     | Lake Country Martial Arts<br>600 Hartbrook Dr.<br>Hartland, WI   | Little Red Schoolhouse<br>N35W29288 North Shore Dr.<br>Hartland, WI |
| Lisa Sauer Piano Studio<br>300 Cottonwood Ave Suite 1<br>Hartland, WI | Mullet Ice Center<br>700 North Ave.<br>Hartland, WI              | Naga-Waukee Ice Arena<br>2699 Golf Rd.<br>Delafield, WI          | North Shore Middle School<br>800 N. Shore Dr.<br>Hartland, WI       |
| Sussex Civic Center<br>N64W23760 Main St.<br>Sussex, WI               | TTP Dance Academy<br>352 Cottonwood Ave. Suite B<br>Hartland, WI |  |   |



# PUNCH CARD CLASSES

## PUNCH CARD CLASSES

Punch card classes are classes that do not have a start nor end date, but there is an expiration date. At any time you may register for a punch card class. For each card you purchase, you will receive 6 punches. The punches represent the number of classes you may attend. If you wish to continue attending that class after your punches are used, you will then need to purchase another card. Zumba is the only class that only has 5 punches on the card. You may register online, fax, mail, or drop off a registration form. If you come in to register, you will receive your punch card immediately. If you register online, fax or mail in your registration form, you will receive your punch card in the mail, except for Zumba. Once you register and receive your receipt by email, you may start attending class by taking your receipt to class before your punch card comes in the mail.

### ZUMBA - w/Christina & Jenny

#### PUNCHCARD CLASS

##### Delafield Fish Hatchery

16yrs+

Zumba is a Latin and Internationally inspired dance fitness workout. It is fun, increases your energy, tones the body and in a single class can burn 500 -1,000 calories. All fitness levels will enjoy this class. Come join the party! For this class you have the option to either sign up for a punch card or the session. Punch cards consist of 5 punches and are good for 90 days after the date of purchase. Please bring your receipt to your first class to confirm purchase of your punch card and have your name added to the list. If you are interested in trying this class please contact the Recreation Department at 262-367-0352 to schedule a time to try it. **FREE TRY-IT-WEEK CLASS!**

| PUNCH CARDS           |                |                |
|-----------------------|----------------|----------------|
| DAYS                  | TIMES          | PRICE          |
| TUES                  | 5:45 - 6:45 PM | \$42R & \$50NR |
| THRS                  | 6:00 - 7:00 PM | \$42R & \$50NR |
| SESSION DATES         |                |                |
| DAYS/DATES            | TIMES          | PRICE          |
| TUES, JAN 17 - MAR 21 | 5:45 - 6:45 PM | \$50R & \$60NR |
| THRS, JAN 19 - MAR 23 | 6:00- 7:00 PM  | \$50R & \$60NR |
| TUES, MAR 28 - MAY 30 | 5:45 - 6:45 PM | \$50R & \$60NR |
| THRS, MAR 30 - JUN 1  | 6:00- 7:00 PM  | \$50R & \$60NR |

### WAKE UP THE WRITER WITHIN

- w/Joanne

#### PUNCHCARD CLASS

##### Hartland Public Library

18yrs+

#### TRY THIS CLASS FOR FREE ON TUESDAY, JANUARY 17!

Explore or rediscover your love of writing! Join a group of supportive peers to spend time writing together, trying out new ideas and getting feedback about your fiction, nonfiction or poetry. This class, appropriate for the beginner as well as the experienced writer, will offer participants proven techniques to enhance creativity, opportunities to gain insights from each other, and time to write in a safe and nurturing environment. Use your punch card to attend as frequently as you'd like. Bring a notebook and pen or laptop to each class. Class will meet every 1st and 3rd Tuesday of the month.

### CORE FITNESS - w/Marjorie

#### PUNCHCARD CLASS

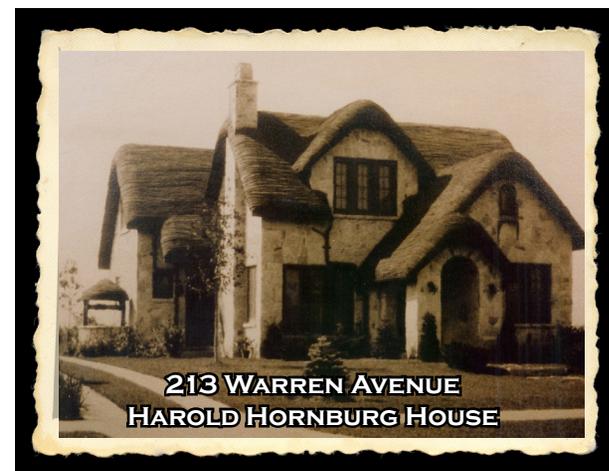
##### Hartland Community Center

16yrs+

Are you looking for a new way to improve the way you feel and reduce aches and pains? Try Core Fitness. Core fitness is a Pilates-infused yoga class designed to develop core strength while increasing flexibility, building muscle endurance, and improving postural alignment. Learn to stay focused through challenging poses with breath awareness and leave class feeling energized and restored. All levels are welcome.

#### FREE TRY-IT-WEEK CLASS!

| DAYS           | TIME           | PRICE                              |
|----------------|----------------|------------------------------------|
| MON, WEDS, FRI | 8:30 - 9:30 AM | \$40R & \$48NR<br>\$36RS & \$44NRS |
| MON            | 5:15 - 6:15 PM | \$40R & \$48NR<br>\$36RS & \$44NRS |



213 WARREN AVENUE  
HAROLD HORNBURG HOUSE

| DAYS | TIMES            | PRICE          |
|------|------------------|----------------|
| TUES | 10:00 - 11:00 AM | \$44R & \$55NR |

### QIGONG - w/Maria

#### PUNCHCARD CLASS

##### Hartland Community Center

18yrs+

Strength, flexibility, balance and relaxation; all three can be discovered through the Chinese health practice of Qigong. Anyone can benefit from QiGong's easy to learn exercise. You will learn about the history and philosophy behind this ancient Chinese art as you strengthen and balance mind, body and internal energy. Maria Sprecher of the ShaoLin Study Center of Waukesha will lead this fun and exciting class, suitable for all ages and levels. **FREE TRY-IT-WEEK CLASS!**

| DAYS | TIMES            | PRICE          |
|------|------------------|----------------|
| MON  | 11:30 - 12:30 PM | \$40R & \$48NR |

# PUNCH CARD CLASSES



## MODERATE YOGA - w/Kerry PUNCHCARD CLASS

### Delafield Fish Hatchery

16yrs+

In this class we will explore a mindful approach to yoga postures, alignment, breath, meditation, and relaxation. Participants will learn tools to build strength and flexibility, improve balance, release tension, and improve overall well being. Appropriate for beginners or those who have some experience – modifications will be given to varying levels. All ages and body types are welcome. **FREE TRY-IT-WEEK CLASS!**

| DAYS       | TIMES          | PRICE          |
|------------|----------------|----------------|
| MON & WEDS | 8:30 - 9:45 AM | \$42R & \$51NR |

## GENTLE YOGA - w/Kerry PUNCHCARD CLASS

### Delafield Fish Hatchery

16yrs+

For older adults or those who are newer to yoga and are interested in a slower-paced, gentle class. We may use a chair for support and/or to assist in getting up and down. Join us for some wonderful stretches to increase flexibility and relieve tightness, stiffness and discomfort. Finishing up with deep relaxation, you will leave class feeling rested, relaxed and renewed. No need to be fit or flexible - join us and breathe, stretch and relax. **FREE TRY-IT-WEEK CLASS!**

| DAYS       | TIMES            | PRICE          |
|------------|------------------|----------------|
| MON & WEDS | 10:00 - 11:00 AM | \$42R & \$51NR |

## CHAIR YOGA - w/Mary PUNCHCARD CLASS

### Hartland Community Center

18yrs+

Receive yoga's healing and restorative benefits while being supported by a chair, either seated or standing. Yoga relaxes your body and mind and elevates your overall well being.

**FREE TRY-IT-WEEK CLASS!**

| DAYS        | TIMES            | PRICE                              |
|-------------|------------------|------------------------------------|
| TUES & THRS | 10:15 - 11:00 AM | \$40R & \$48NR<br>\$36RS & \$44NRS |

## \*NEW CLASS\*

## YOGA STRENGTH- w/Kerry PUNCHCARD CLASS

### Delafield Fish Hatchery

16yrs+

This class will combine classic yoga postures that tone and strengthen the entire body with light weights to increase upper body resistance, toning and strength. Light weight bearing in combination with yoga can help build lean muscle, burn fat and strengthen the body on all levels. We will pay particular attention to building and maintaining a strong core through a wide range of alignment-centered yoga poses. All levels, ages and body types welcome. Taught by Kerry Duma, RYT-500. **FREE TRY-IT-WEEK CLASS!**

| DAYS | TIMES            | PRICE          |
|------|------------------|----------------|
| TUES | 10:45 - 11:45 AM | \$42R & \$51NR |

## YOGA FOR LIFE - w/Mary PUNCHCARD CLASS

### Hartland Community Center

16yrs+

This class is to teach beginners as well as those who want to learn how to challenge their yoga practice through various breathing techniques, vinyasa's, poses and stretching. Modifications will be given in order to allow for individuals needs. The mind, body and spirit will be incorporated into each class.

**FREE TRY-IT-WEEK CLASS!**

| DAYS        | TIMES                             | PRICE                              |
|-------------|-----------------------------------|------------------------------------|
| TUES & THRS | 8:45 - 10:00 AM<br>5:45 - 7:00 PM | \$40R & \$48NR<br>\$36RS & \$44NRS |

## NIA - w/Carol PUNCHCARD CLASS

### Delafield Fish Hatchery

16yrs+

Nia (pronounced "nee-a") is the fusion of fun and fitness. This class combines the martial arts, (Tae Kwon Do, Tai Chi, and Aikido) dance arts (Jazz, Modern and Duncan) and the healing Arts (Yoga, the Teachings of Moshe Feldenkrais and the Alexander Technique) to create a movement class. Choreographed to music, Nia is a high energy, low impact way to improve strength, flexibility, mobility, agility, and stability. It is a holistic class that calls on the mind, body, spirit and emotions to play together in a fun-filled hour of movement. This class is appropriate for all fitness levels - from the "couch potato" to the high level athlete. Nia is done in comfortable clothes and bare feet. Floor work is done at the end of each class, so participants may want to bring a mat. Carol is a certified Brown belt.

**FREE TRY-IT-WEEK CLASS!**

| DAYS | TIMES           | PRICE          |
|------|-----------------|----------------|
| MON  | 12:00 - 1:00 PM | \$40R & \$48NR |

## CARDIO FIT - FOR OLDER ADULTS - w/Marjorie

### Hartland Community Center

16yrs+

Combine fun and fitness with our new Cardio Fit for Older Adults class. Cardio Fit is designed to help you improve your overall health and well-being with exercises that are safe, heart-healthy and gentle on your joints. The workout includes easy-to-follow low-impact steps, upper & lower-body strengthening, core conditioning, stretching and relaxation techniques. Please join our punch card class and have fun while you increase your energy, strength, balance, and flexibility. Cardio Fit class has 12 punches on each card.

**FREE TRY-IT-WEEK CLASS!**

| DAYS       | TIMES           | PRICE |
|------------|-----------------|-------|
| WEDS & FRI | 9:45 - 10:45 AM | \$30  |

# ADULT CLASSES

## \*NEW CLASS\*

### ALIGNMENT YOGA - ALL LEVELS

#### Delafield Fish Hatchery

16yrs+

This class emphasizes a mindful approach to yoga. We will begin by getting grounded and in touch with our bodies, and do postures to increase strength and flexibility, improve balance, promote stability and improve overall well being. Core strengthening moves will be incorporated into each class, and basic yoga breathing exercises will be taught to enhance mental clarity and a sense of calm. Appropriate for beginners or those who have experience – modifications are given to varying levels. All ages and body types welcome. Taught by Kerry Duma, RYT-500. **FREE TRY-IT-WEEK CLASS!**

| DAYS/DATES                              | TIMES         | PRICE          |
|---|---------------|----------------|
| WEDS, JAN 18 - MAR 22<br>NO CLASS FEB 8 | 6:00 - 7:00PM | \$79R & \$94NR |
| WEDS, MAR 29 - MAY 24                   | 6:00 - 7:00PM | \$79R & \$94NR |

### LINE DANCING

#### Hartland Community Center

18yrs+

The basic steps of line dancing will be taught from 11:30am - 12:30 pm on Tuesdays. If you know the basics, you may join in from 12:30 - 1:30 pm. No formal instruction will be given at this time and participants must know the basic steps in order to participate.

| DAYS/DATES           | TIMES                         | PRICE |
|----------------------|-------------------------------|-------|
| TUES, JAN 3 - MAY 23 | BASICS, 11:30 AM - 12:30 PM   | FREE  |
| TUES, JAN 3 - MAY 23 | INTERMEDIATE, 12:30 - 1:30 PM | FREE  |



GOODWIN AVE. & EAST CAPITOL DR.  
1940's

### FLOOR BARRE

#### TTP Dance Academy

18yrs+

Do you like Yoga? Pilates? Getting conditioned and flexible without the stress? Then this is the class for you! In just 30 minutes you will work all major muscle groups using the combined principals of Ballet, Yoga, and Pilates.

| DAY/DATES                             | TIMES           | PRICE |
|---------------------------------------|-----------------|-------|
| MON, FEB 27 - MAR 27                  | 9:30 - 10:00 AM | \$50  |
| MON, APR 3 - MAY 8<br>NO CLASS APR 10 | 9:30 - 10:00 AM | \$50  |

### AGELESS BALLET & TAP

#### TTP Dance Academy

18yrs+

This class is for EVERYONE!!! Stay Healthy in Mind and Body and get some great exercise. A downsized ballet class using barre, center work and combos, is followed by Tap-Cardio style.

| DAY/DATES                               | TIMES          | PRICE |
|---|----------------|-------|
| WEDS, MAR 1 - MAY 17<br>NO CLASS APR 12 | 7:45 - 8:45 PM | \$90  |

### SO YOU CAN DANCE

#### TTP Dance Academy

18yrs+

This class was introduced last year and it was a HUGE HIT! Adults learn new routines about every 3-5 weeks and many styles. From Footloose to Phantom, and Mama Mia to Inside Out.

| DAY/DATES                               | TIMES          | PRICE |
|---|----------------|-------|
| WEDS, MAR 1 - MAY 17<br>NO CLASS APR 12 | 7:00 - 7:45 PM | \$90  |



COTTONWOOD AVE. LOOKING SOUTH  
1906

### PICKLEBALL

#### Hartland South or Sussex Civic Center

18yrs+

Pickleball is a sport that combines elements of badminton, tennis and table tennis. The sport is played on a court with the same dimensions as a badminton court. The net is lower than most other racquet sports, allowing for faster play. The game is played with a hard paddle and a wiffle ball, making the technique required for pickleball different than other sports. Pickleball is very popular with people who are looking for a low-impact racquet sport. Nets, balls and paddles will be available to borrow.

| PICKLEBALL AT HARTLAND SOUTH |                |                |
|------------------------------|----------------|----------------|
| DAYS/DATES                   | TIMES          | PRICE          |
| SUN, JAN 8 - APR 16          | 5:15 - 7:15 PM | \$26R & \$32NR |

EVENINGS, MON - FRI SCHEDULE IS EXPECTED TO BE DETERMINED BY FRIDAY, DECEMBER 16.

| PICKLEBALL AT SUSSEX CIVIC CENTER            |                                    |                |
|--|------------------------------------|----------------|
| PICKLEBALL WILL BE HELD FROM JAN 24 - APR 14 |                                    |                |
| TUES, THR, FRI                               | 8:30 - 11:00AM<br>& 1:00 - 3:30 PM | \$42R & \$52NR |
| MON & WEDS                                   | 6:30 - 8:30 PM                     | \$32R & \$40NR |
| SINGLE DAY/ MUST CHOOSE DAY/TIME             |                                    | \$21R & \$26NR |

| PICKLEBALL AT MELINDA WEAVER TENNIS COURTS                         |  |                |
|--|--|----------------|
| TUE/WED/THR, 8:30 AM - 11:00 AM AND<br>TUE/WED/THR, 1:00 - 3:30 PM |  | \$42R & \$52NR |

| PICKLEBALL AT NIXON PARK COURTS   |  |                |
|---|--|----------------|
| MAY 5 - AUG 25<br>FRI, 9:00 - 11:00 AM  |  | \$29R & \$36NR |
| MAY 2 - AUG 29<br>TUES, 6:00 - 8:00 PM  |  | \$29R & \$36NR |
| TUES, MAY 5 - AUG 25, 6:00 - 8:00 PM AND<br>FRI, MAY 5 - AUG 25, 6:00 - 8:00 PM |  | \$44R & \$55NR |

# ADULT CLASSES

## THE CRAFTY CLUB

Looking to get together with some fellow crafters to work on some crafts such as knitting, crocheting, or quilting? We are looking to start up either a quilter's club or knitting/crocheting club. If you are interested, please contact Kelli at 262-367-0352 or kelli@villageofhartland.com.

## ART STUDIO FOR ADULTS

### Delafield Fish Hatchery

18yrs+

Enjoy painting and drawing in the beautiful setting of the Delafield Fish Hatchery. Learn new skills in the medium of your choice (watercolor, oil, acrylic, pastels, charcoal, etc.) under the guidance of an experienced art instructor. Receive individual as well as group instruction. All levels of experience welcome. Bring your own supplies. Lists for the medium of your choice are available through the Hartland Rec. Dept. Susan Farmer-Tiefenthaler is an emeritus professor of art and art education in the UW-Madison Department of Liberal Studies and the Arts. Her paintings and drawings are filled with the color she finds around her mill home in Delafield. For many years Susan taught drawing and painting to people of all ages in studio workshops, including Studio Painting at Green Lake and School of the Arts at Rhinelander. She currently teaches at WCTC.

| DAYS/DATES            | TIMES              | PRICE                          |
|-----------------------|--------------------|--------------------------------|
| THRS, JAN 12 - MAR 2  | 9:30 AM - 12:00 PM | \$90R/\$100NR<br>\$80SR/\$90NR |
| THRS, JAN 12 - MAR 2  | 1:00 - 3:30 PM     | \$90R/\$100NR<br>\$80SR/\$90NR |
| THRS, MAR 16 - MAY 4  | 9:30 AM - 12:00 PM | \$90R/\$100NR<br>\$80SR/\$90NR |
| THRS, MAR 16 - MAY 4  | 1:00 - 3:30 PM     | \$90R/\$100NR<br>\$80SR/\$90NR |
| THRS, MAY 11 - JUN 15 | 9:30 AM - 12:00 PM | \$68R/\$78NR<br>\$58RS/\$68NRS |
| THRS, MAY 11 - JUN 15 | 1:00 - 3:30 PM     | \$68R/\$78NR<br>\$58RS/\$68NRS |

## CRAFTERS WEEKEND

### Hartland Community Center

18yrs+

Looking for some time and space to get some of your arts and craft projects done? If so, join us as you will spend time with other crafters at the Crafters Weekend. This will be the perfect time to finish a project, start one, or share some ideas.

| DAYS/DATES                               | TIMES  | PRICE                                  |
|--|--|--|
| SAT, JAN 14 <i>and/or</i><br>SUN, JAN 15 | SAT, 8:00 AM - 9:00 PM<br>SUN, 8:00 AM - 3:00 PM | \$10 Sat or Sun<br>\$15 Both Sat & Sun |
| SAT, FEB 4 <i>and/or</i><br>SUN, FEB 5   | SAT, 8:00 AM - 9:00 PM<br>SUN, 8:00 AM - 3:00 PM | \$10 Sat or Sun<br>\$15 Both Sat & Sun |
| SAT, MAR 11 <i>and/or</i><br>SUN, MAR 12 | SAT, 8:00 AM - 9:00 PM<br>SUN, 8:00 AM - 3:00 PM | \$10 Sat or Sun<br>\$15 Both Sat & Sun |
| SAT, MAY 6 <i>and/or</i><br>SUN, MAY 7   | SAT, 8:00 AM - 9:00 PM<br>SUN, 8:00 AM - 3:00 PM | \$10 Sat or Sun<br>\$15 Both Sat & Sun |

## GLASS FUSING WORKSHOP

### Lake Country Fine Arts School and Gallery

7yrs+

Learn to cut, arrange and layer the multi-colored glass pieces to create 2 pendants or window charms. They will be fused in the kiln and returned to you with a circle bail so they can be hung easily.

| DAYS/DATES  | TIMES           | PRICE          |
|-------------|-----------------|----------------|
| SAT, FEB 11 | 9:30 - 10:30 AM | \$25R & \$30NR |
| SAT, MAR 18 | 9:30 - 10:30 AM | \$25R & \$30NR |
| SAT, APR 8  | 9:30 - 10:30 AM | \$25R & \$30NR |

## DRAWING TECHNIQUES ON WOOD

### Lake Country Fine Arts School and Gallery

7yrs+

This class includes 1 hour of drawing technique instruction followed by 1/2 hour of project drawing each day. Students will take home 1 completed colored pencil drawing, on wood, ready to hang.

| DAYS/DATES       | TIMES          | PRICE |
|------------------|----------------|-------|
| THRS, JAN 5 - 26 | 5:30 - 7:00 PM | \$115 |
| THRS, MAR 2 - 23 | 5:30 - 7:00 PM | \$115 |
| THRS, MAY 4 - 25 | 5:30 - 7:00 PM | \$115 |

## GLASS PAINTING

### Lake Country Fine Arts School and Gallery

21yrs+

Learn abstract and contemporary painting techniques while painting different glass pieces. Choose from 2 wine glasses or 2 high ball glasses.

| DAYS/DATES   | TIMES          | PRICE          |
|--------------|----------------|----------------|
| THRS, MAR 16 | 6:00 - 8:00 PM | \$38R & \$45NR |

## POTTERY ON POTTER'S WHEEL

### Lake Country Fine Arts School and Gallery

11yrs+

This class will consist of 3 weeks of throwing on the potter's wheel, while gradually increasing size and complexity. You will glaze all your pots the 3rd week of class. Marlene has a ceramic degree from UW-Stout. She has been teaching for over 20 years.

| DAYS/DATES            | TIMES          | PRICE |
|-----------------------|----------------|-------|
| TUES, JAN 31 - FEB 14 | 4:15 - 6:15 PM | \$105 |

## YOU HAVE PICTURES....

### North Shore Middle School

18yrs+

We have hundreds - if not thousands - of pictures in our cameras, smartphones and computers. Now what... This two-hour seminar teaches technique to save pictures from your cameras and smartphone to your computer and "the Cloud," how to organize and view your pictures from any device, how to archive your pictures for the decades to come, and best printing options.

| DAYS/DATES   | TIMES          | PRICE          |
|--------------|----------------|----------------|
| WEDS, APR 12 | 6:30 - 8:30 PM | \$15R & \$18NR |

## iPAD/iPHONE TIPS & TRICKS

### North Shore Middle School

18yrs+

This class is specific to Apple iPhone, iPad and iPad Mini devices. Learn tips, tricks and techniques to navigate, organize, backup and add useful apps to your iPhone, iPad or iPad mini device.

| DAYS/DATES   | TIMES          | PRICE          |
|--------------|----------------|----------------|
| WEDS, APR 26 | 6:30 - 8:30 PM | \$15R & \$18NR |

# ADULT CLASSES

## ADVANCED DIGITAL - LENS, LIGHTS, COMPOSITION

North Shore Middle School

18yrs+

Bring your camera and its instruction manual to this two-hour workshop designed to help you understand lens selection and use, use of existing light and flash, and composition ideas. This is an excellent follow-up class for students who have attended either "Advanced Digital Photography Techniques" or "Advanced Digital Photography – Exposure". This class is ideal for people who have purchased interchangeable lens (DSLR) cameras, or have an advanced digital camera with Program, Shutter / Aperture Priority, and Manual exposure modes etc.

| DAYS/DATES   | TIMES          | PRICE          |
|--------------|----------------|----------------|
| WEDS, MAY 10 | 6:30 - 8:30 PM | \$15R & \$18NR |

## ADVANCED DIGITAL - EXPOSURE

North Shore Middle School

18yrs+

Bring your camera and its instruction manual to this two-hour workshop designed to get you "out of automatic" and use your camera's exposure modes and functions in situations like Sports, Portraits, Low Light, and more. This class is ideal for people who have purchased interchangeable lens (DSLR) cameras, or have an advanced digital camera with Program, Shutter / Aperture Priority, and Manual exposure modes.

| DAYS/DATES  | TIMES          | PRICE          |
|-------------|----------------|----------------|
| WEDS, MAY 3 | 6:30 - 8:30 PM | \$15R & \$18NR |

## CGC (CANINE GOOD CITIZEN)

Hartland South Elementary, 18yrs+

Do you have a well-mannered dog? Or a "mostly" well-mannered dog? Have you ever wondered if your dog would be a good candidate for therapy work? If any of this sounds interesting to you, why not consider taking a Canine Good Citizen (CGC) class to practice some of the basic skills needed to be a responsible dog owner with a well-mannered dog. CGC is an AKC (American Kennel Club) program that provides testing of 10 key skills that are fairly important to have in a well-behaved dog. Our class will help you practice all of these skills over the course of 5 weeks with the actual AKC CGC test/evaluation being done on week 6. Dogs and handlers who pass the 10 step test will earn a certificate and if you so choose, the official AKC CGC title. (Completion of a basic obedience class is highly recommended as basic commands such as sit, down, stay and walking on a loose leash is necessary.)

## BASIC PAWS

Hartland South Elementary

18yrs+

We will cover the basic commands of sit, down, stay, come and walking on a leash. Ideally you and your pup will have already started working on some of these basic skills but if not we will do our best to get you up and running. No worries, you'll be surprised at how quickly your dog responds to positive reinforcement training. Just have fun! Class size is limited to 6 dogs. **Free Try It Week Class!**

| DAY  | DATES          | TIMES          | PRICE          |
|------|----------------|----------------|----------------|
| TUES | JAN 17 - FEB 7 | 6:00 - 7:00 PM | \$75R & \$90NR |
| WEDS | MAR 15 - APR 5 | 6:00 - 7:00 PM | \$75R & \$90NR |

## PUPPY CONFIDENCE/AGILITY

For dogs 4- 9 months old.

Hartland South Elementary

18yrs+

(Proof of vaccination needed: Distemper-required, Bordetella-preferred) Is this a beginner Agility class? No...But it is a class designed to help you continue the ever important socialization of your puppy in a safe and positive way. Has your puppy ever seen a tunnel? A jump? Walked on an uneven surface? This is what we will be doing in this class. It's really all about helping your puppy become more comfortable with exploring new things so they can become as confident as possible as they become adolescent and adult dogs. A fearful dog can become an "aggressive" dog. Don't let your pup suffer from under-socialization and the fears and anxiety that come with it.

| DAYS/DATES          | TIMES          | PRICE          |
|---------------------|----------------|----------------|
| TUES, FEB 9 - MAR 2 | 6:00 - 7:00 PM | \$75R & \$90NR |

| DAYS/ | DATES           | TIMES          | PRICE          |
|-------|-----------------|----------------|----------------|
| WEDS  | JAN 11 - FEB 15 | 6:00 - 7:00 PM | \$90R & \$95NR |
| WEDS  | APR 19 - MAY 24 | 6:00 - 7:00 PM | \$90R & \$95NR |

## PROGRESSIVE PAWS

Hartland South Elementary

18yrs+

Where do you go after you've completed your Basic Paws class? Well we move on to Progressive Paws of course. This class is the continuation of basic obedience/manners for your dog. Of course no dog is perfect after only 4 weeks of class so why not continue to fine tune your skills with your pup and continue on for another 4 weeks of fun and training. We will continue to work on the skills learned in Basic Paws, add some new skills, and continue to learn how to be the best dog owner/parent/guardian you can be. Class size is limited to 6 dogs and meets weekly for 4 weeks. No prong, choke, or electronic collars allowed. **Free Try-It-Week Class!**

| DAY  | DATE            | TIMES          | PRICE          |
|------|-----------------|----------------|----------------|
| THRS | JAN 26 - FEB 16 | 6:00 - 7:00 PM | \$75R & \$90NR |

## PUPPY PAWS

For dogs 9-16 weeks old.

Hartland South Elementary

18yrs+

Proof of vaccination needed: Distemper-required, Bordetella-preferred. This is not your typical puppy kindergarten class! Yes, we will talk about and practice a few basic obedience skills to get your puppy started out on the right paw. BUT what is FAR more important at this stage of the game is good socialization experiences and answers to those "puppy parent" questions. "When will she stop chewing on everything?" "How do I get him to sleep through the night?" "What about crate training?" "Should we do it?" And the ever popular..."I need help with house training. What am I doing wrong?" We will work to help answer all your questions, provide resources, social puppy play time (in a very controlled and safe environment), and work on what does socialization really mean. It is truly the foundation for the rest of your dog's life. So please join us.

| DAYS/DATES            | TIMES          | PRICE          |
|-----------------------|----------------|----------------|
| TUES, JAN 24 - FEB 14 | 6:00 - 6:45 PM | \$75R & \$90NR |

# ADULT CLASSES

## SECRETS OF AGELESS SKIN

Reverse the seven signs of aging instantly!

**North Shore Middle School**

18yrs+

Stop wasting money on expensive cremes! Advertising claims and myriad products on the market make choosing treatments that will actually solve your problems a nightmare. This class will educate you on how the skin ages and give you a personalized prescription for your skin through the use of patented Skin Sensors. There are solutions for your unique problems. Learn the latest techniques to maintain healthy skin and combat aging. You will receive a personal skin analysis as well as a subcutaneous damage analysis. Experience a spa-quality transformation facial and a breakthrough treatment that combines the benefits of a chemical peel and microderm abrasion and is valued at \$210! NEW: Oxygen Zone Tool, a solution for multiple disorders! We also use non-surgical fillers for a special anti-aging lift. These are results-driven treatments you will see immediately.

| DAYS/DATES  | TIMES          | PRICE          |
|-------------|----------------|----------------|
| TUES, FEB 7 | 6:30 - 8:30 PM | \$32R & \$38NR |

## LOOKING BETTER FOR LESS

Look slimmer, younger & save money!

**North Shore Middle School**

18yrs+

Do you feel overwhelmed in a department store or even your closet? Do you wear the same outfits over and over? Are you interested in looking slimmer and younger? Do you waste money on clothes you don't wear? We can help! Get control of your closet now! We'll teach you how to shop quickly and efficiently and make choices that are not only flattering but work for your lifestyle and budget constraints. Learn how to "build a wardrobe" that works for you not against you. Each participant will receive a personal color, body type and fashion personality analysis. You will also receive your personalized color chart and key style recommendations for your body type to take home. NOTE: Dress in clothing that will allow measurements, with little or no makeup.

| DAYS/DATES   | TIMES          | PRICE          |
|--------------|----------------|----------------|
| WEDS, MAR 15 | 6:30 - 8:30 PM | \$32R & \$38NR |

## \*NEW CLASS\*

### MY BEST COLORS

Look younger, healthier and more vibrant by knowing your color season!

**North Shore Middle School**

18yrs+

Save time and money by knowing what colors are best for you in both makeup and clothing. Choose colors that enhance your natural beauty rather than making you look drab and older. Find out which colors make you a "10" with a professional color analysis. This will give you a broad spectrum of "correct" colors to choose from. Now you can literally get dressed in the dark! You will also learn how color affects your mood and those around you! EACH PARTICIPANT WILL RECEIVE A FULL COLOR ANALYSIS BY A CERTIFIED IMAGE CONSULTANT, A \$350 VALUE. YOU WILL ALSO RECEIVE A COLOR CARD FOR YOUR CORRECT COLOR FAMILY.

| DAYS/DATES   | TIMES          | PRICE          |
|--------------|----------------|----------------|
| WEDS, JAN 18 | 6:30 - 8:30 PM | \$32R & \$38NR |

## MAKEUP 101: BASIC TECHNIQUES

A guide to personalized color and formulation selection!

**North Shore Middle School**

18yrs+

Makeup is meant to enhance your natural beauty, not make you feel uncomfortable! Selections based on your coloring, personality and lifestyle are essential to achieve that goal. So why try to guess if a lip color, foundation or eyeshadow will work? Choose wisely and easily by knowing your color season. If you're afraid you'll end up looking like Dracula's mother, rest assured we'll evaluate your fashion and makeup personality and make selections to reflect you! Finally, learn proper application techniques as well as how to apply your look in only minutes!! Discover your true beauty! You will receive a color, fashion and makeup personality and facial shape analysis during the class. This invaluable information can give you a lifetime of smart choices!

| DAYS/DATES  | TIMES          | PRICE          |
|-------------|----------------|----------------|
| WEDS, MAR 1 | 6:30 - 9:00 PM | \$32R & \$38NR |

## AMERICAN HEART

### ASSOCIATION HEARTSAVER

#### COURSES: CPR/AED & FIRST AID

**Hartland Fire Department Classroom in Survive Alive House behind the Fire Station**

16yrs+

The staff of the Hartland Fire Department is offering American Heart Association Heartsaver CPR/AED & First Aid classes. CPR/AED classes will cover adult, child and Infant (infant is optional). First Aid classes will cover basic first aid; recognizing/managing medical emergencies, bleeding control, splinting, and using an epi pen.

| CLASS           | DAYS/DATES                 | TIMES          | PRICE |
|-----------------|----------------------------|----------------|-------|
| CPR/AED         | TUES, JAN 31               | 6:00 - 9:00 PM | \$30  |
| CPR/AED         | WEDS, FEB 1                | 6:00 - 9:00 PM | \$30  |
| FIRST AID       | TUES, FEB 28               | 6:00 - 9:00 PM | \$30  |
| FIRST AID       | WEDS, MAR 1                | 6:00 - 9:00 PM | \$30  |
| CPR & FIRST AID | TUES, JAN 31 & TUES FEB 28 | 6:00 - 9:00 PM | \$50  |
| CPR & FIRST AID | TUES, JAN 31 & WEDS, MAR 1 | 6:00 - 9:00 PM | \$50  |
| CPR & FIRST AID | WEDS, FEB 1 & TUES FEB 28  | 6:00 - 9:00 PM | \$50  |
| CPR & FIRST AID | WEDS, FEB 1 & WEDS, MAR 1  | 6:00 - 9:00 PM | \$50  |

## AMERICAN HEART ASSOCIATION

### HCP BASIC LIFE SUPPORT

**Hartland Fire Department Classroom in Survive Alive House behind the Fire Station**

For healthcare professionals whose licenses require AHA CPR certification.

| CLASS              | DAYS/DATES  | TIMES          | PRICE |
|--------------------|-------------|----------------|-------|
| BASIC LIFE SUPPORT | THRS, FEB 2 | 6:00 - 9:00 PM | \$40  |
| BASIC LIFE SUPPORT | THRS, MAR 2 | 6:00 - 9:00 PM | \$40  |

# ADULT CLASSES

## RELAX, RENEW, REJUVENATE

Stress management for people with no time!

Hartland Community Center

16yrs+

What a wonderful workshop! There were so many different relaxation and stress management techniques presented that there would be something for everyone.' L.J., 36, Pediatric R.N. Face it - stress is everywhere in our modern life. Have you heard that over 80% of doctors' office visits are stress related? What's important, though, is that there are potent tools for relieving stress, anxiety and the feeling of being overwhelmed. In a RRR class, you will obtain these tools, learn ways to take care of yourself and neutralize the negative effects of chronic stress!

| DAYS/DATES          | TIMES          | PRICE          |
|---------------------|----------------|----------------|
| MON, FEB 6 - FEB 27 | 6:30 - 7:45 PM | \$57R & \$69NR |

## INTRO TO MEDITATION..

Creating peace in everyday life!

Hartland Community Center

18yrs+

'Kate teaches a lifetime of ways to become a less stressed, more productive person. You will practice meditation in class, but you will be able to bring the practices and suggestions right into your busy life.' J.C., teacher In this class you will learn: Two methods of meditation which are used by millions of people throughout the world. The remarkable health giving benefits of meditation. Common stumbling block to meditation and how to overcome them. Two proven breathing practices to center your mind and calm the body.

| DAYS/DATES          | TIMES          | PRICE          |
|---------------------|----------------|----------------|
| MON, MAR 13 - APR 3 | 6:30 - 7:45 PM | \$57R & \$69NR |

## \*NEW CLASS\*

## WRITING THE MINDFUL JOURNEY

Little Red School House

18yrs+

Learn to combine awareness of the present moment with writing that deepens every experience. Join us for gentle, easy mindfulness meditations and writing exercises that will enhance your creativity in all areas of life. Give your true voice space to roam and reawaken your intuitive self through guided exercises, discussion, and reflection. Appropriate for beginning meditators/writers as well as those with more experience.

## DESIGNING THE LIFE OF YOUR DREAMS... ENERGY HEALING

Hartland Community Center

16yrs+

Kate provides great information and builds her students understanding and comfort with techniques. I can easily use what I learned from Kate's classes.' B.C., 48, Teacher 'Awesome! I loved this time with this group. I learned a lot and will take these concepts with me into the future.' D.G.L. 'The very purpose of our life is to be happy.' Dalai Lama Each session of this class will give you powerful techniques for coping with behaviors/ beliefs that may stand in the way of your happiness. Some of the techniques you will learn include learning to access the alpha state; the power of imagery; using your personal 'truth detector'; and learning EFT - one of the most powerful - and effective - behavior change techniques available. Please join us for this transformative and fun class".

| DAYS/DATES          | TIMES          | PRICE          |
|---------------------|----------------|----------------|
| MON, APR 17 - MAY 8 | 6:30 - 7:45 PM | \$57R & \$69NR |

## LET'S COOK A VARIETY OF GRAIN

North Shore Middle School

18yrs+

There's more to grains than the common wheat products most of us eat each day. Add some variety to the grain portion of your diet. Find ways to include grains like quinoa, wheat berries, brown rice, barley, bulgur or oats as part of any meal, as a main dish or a side dish. Find out why this is important. The class participants will get information about grains and sample several recipes in class. Bring containers to take extra food home.

| DAYS/DATES   | TIMES          | PRICE          |
|--------------|----------------|----------------|
| TUES, FEB 21 | 6:00 - 8:00 pm | \$23R & \$27NR |

| DAY/DATES            | TIMES            | PRICE          |
|----------------------|------------------|----------------|
| THRS, JAN 12 - FEB 2 | 10:00 - 11:00 AM | \$57R & \$69NR |

## BOOST YOUR HEALTH WITH BUZZIN' BEE PRODUCTS

North Shore Middle School

18yrs+

Whether you are a beekeeper, an athlete, or just concerned about improving your health, this class is for you. Find out the many valuable uses of products harvested from bee hives like raw honey, pollen, propolis, royal jelly, and beeswax and how you can use them to boost your health!

| DAYS/DATES  | TIMES          | PRICE          |
|-------------|----------------|----------------|
| TUES, MAR 7 | 6:30 - 8:00 PM | \$19R & \$23NR |

## REPEL BUGS THE NATURAL WAY

North Shore Middle School

18yrs+

In this class come and identify plants and natural products that can help repel insects and soothe painful insect bites. Watch some natural products being made that can help you enjoy your outdoor experience while avoiding harsh chemicals. Students will get recipes for natural products that they can sample in class.

| DAYS/DATES   | TIMES          | PRICE          |
|--------------|----------------|----------------|
| TUES, MAR 21 | 6:30 - 8:00 PM | \$19R & \$23NR |

## MAKE NON-TOXIC HOUSEHOLD CLEANERS

North Shore Middle School

18yrs+

Many household cleaning products are expensive and some can be harmful to our health. Class topics will cover some health and safety concerns involving household cleaning products, and ways to minimize these concerns. There are non-toxic cleaners that can be made at home that work and, at the same time, save money. You will have the opportunity to make 2 or 3 household cleaners to take home and receive samples for other safe and effective cleaning products. Recipes range from all-purpose cleaners to clothes and dishwasher soaps.

| DAYS/DATES  | TIMES          | PRICE          |
|-------------|----------------|----------------|
| THRS, MAR 9 | 6:00 - 8:00 PM | \$19R & \$23NR |

# ADULT CLASSES

## THEATRICAL TUESDAYS

### Little Red Schoolhouse

55yrs+

Every first Tuesday of the month, we'll be showing a movie at the Little Red Schoolhouse. Call 262-367-0352 if you would like more information or would like to share what movie you would like to see. Snacks and refreshments will be provided.

| DAYS/DATES  | START TIME | MOVIE                 | PRICE |
|-------------|------------|-----------------------|-------|
| TUES, JAN 3 | 3:15 PM    | RUN AWAY BRIDE        | FREE  |
| TUES, FEB 7 | 3:15 PM    | GRUMPY OLD MEN        | FREE  |
| TUES, MAR 7 | 3:15 PM    | MRS. DOUBTFIRE        | FREE  |
| TUES, APR 4 | 3:15 PM    | AMERICA'S SWEETHEARTS | FREE  |
| TUES, MAY 2 | 3:15 PM    | PATCH ADAMS           | FREE  |
| TUES, JUN 6 | 3:15 PM    | WHAT WOMEN WANT       | FREE  |

## BASEBALL DARTS

### Little Red Schoolhouse

55yrs+

Join Hartland Lakeside School District and Hartland Recreation Department for an afternoon playing Baseball Darts. What is Baseball Darts? Also known as Dartball is a game in which darts are thrown at a large wooden or homosote board that resembles a baseball field with colored areas. Dartball uses baseball like rules and scoring. Stop by and try it out!

| DAYS | DATES         | TIMES             | PRICE |
|------|---------------|-------------------|-------|
| TUES | JAN 3 - JUN 6 | 1:00 PM - 3:00 PM | FREE  |

## TRIVIA AFTERNOON

### Little Red Schoolhouse

55yrs+

Join us as we play some classic board games and trivia games. We'll play some of your favorite board games: monopoly, scrabble, life and etc.

| DAYS/DATES   | TIMES          | PRICE |
|--------------|----------------|-------|
| WEDS, JAN 18 | 2:30 - 4:00 PM | FREE  |
| WEDS, FEB 15 | 2:30 - 4:00 PM | FREE  |
| WEDS, MAR 15 | 2:30 - 4:00 PM | FREE  |
| WEDS, APR 19 | 2:30 - 4:00 PM | FREE  |
| WEDS, MAY 17 | 2:30 - 4:00 PM | FREE  |
| WEDS, JUN 21 | 2:30 - 4:00 PM | FREE  |

## Wii BOWLING

### Little Red Schoolhouse

55yrs+

Wii bowling is a great way to have fun and get fit, while doing some low-impact exercise. You'll use a wireless remote as it follows your movements as you bowl.

| DAYS | DATES          | TIMES               | PRICE |
|------|----------------|---------------------|-------|
| WEDS | JAN 4 - MAY 24 | 10:00 AM - 12:00 PM | FREE  |



526 WEST CAPITOL DR.

## BINGO - NEW TIME!

### Little Red Schoolhouse

55yrs+

Join Hartland Lakeside School District for an afternoon of BINGO! Prizes will be given. **Advanced registration is required.**

| DAYS/DATES   | TIMES   | PRICE |
|--------------|---------|-------|
| WEDS, JAN 18 | 1:00 PM | FREE  |
| WEDS, FEB 15 | 1:00 PM | FREE  |
| WEDS, MAR 15 | 1:00 PM | FREE  |
| WEDS, APR 19 | 1:00 PM | FREE  |
| WEDS, MAY 17 | 1:00 PM | FREE  |
| WEDS, JUN 21 | 1:00 PM | FREE  |

## SHEEPSHEAD

### Hartland Community Center

55yrs+

Come for the cards and stay for the conversation. We currently have groups playing Sheepshead. Come on in, start another able or game. **No registration necessary.**

| DAYS       | DATES   | TIMES           | PRICE |
|------------|---------|-----------------|-------|
| TUES & FRI | ONGOING | 12:00 - 4:00 PM | FREE  |



LIBRARY ENTRANCE - 1950  
209 COTTONWOOD AVE.

## MAGGIE MAE AND THE HEARTLAND COUNTRY BAND!

Ages 18yrs+

Yeehaw! We will be traveling by coach bus to Maggie Mae and Roger Hilliard's farm in Oxford Wisconsin for an old fashioned barn dance show featuring Maggie Mae and the Heartland Country Band. We will gather in the barn for some good old country music, dancing, eating, and just good old fashioned fun! Prior to the show, we will enjoy a wonderful buffet lunch of roast beef, BBQ chicken, red potatoes, carrots, cowboy beans, salads, corn bread and dessert. **Hartland participants will board the bus at the Sussex Civic Center. Register by May 5.**

| DAYS/DATES   | TIMES             | PRICE          |
|--------------|-------------------|----------------|
| THRS, JUN 15 | 9:30 AM - 5:15 PM | \$74R & \$79NR |

## MILWAUKEE ICONS

Ages 18+

We head on a coach bus to explore some of the industry that has shaped Milwaukee. History roars to life at our first stop, the Harley-Davidson Museum. It's the best of American design and culture-seasoned with freedom and rebellion, showcased in a landmark building. We stay at the museum to eat lunch at Motor before we depart to Palermos' Pizza for a factory tour including a sample of their pizza. Our last stop of Milwaukee icons is Old World Third street for some on-your-own shopping at Milwaukee favorites like Usinger's and the Spice House.

Please include your meal choice when registering.

CHICKEN CAESAR SALAD Crisp romaine lettuce with made-from-scratch creamy garlic Caesar dressing topped with fresh garlic-Parmesan croutons and freshly shaved Parmesan cheese  
 MOTOR® BURGER 8-oz. hand-packed ground chuck patty topped with lettuce, tomato, pickles, onion and MOTOR's secret sauce with Cheddar cheese on a sesame seed bun  
 BARBEQUE PORK SANDWICH Slow-smoked, hand-pulled pork topped with fresh jicama slaw, crispy onion straws and our signature MOTOR's signature BBQ sauce, served on an onion bun **Hartland participants will board the bus at the Sussex Civic Center. Register by March 1.**

| DAYS/DATES   | TIMES             | PRICE          |
|--------------|-------------------|----------------|
| WEDS, MAR 15 | 8:45 AM - 5:30 PM | \$74R & \$79NR |

## CARRIAGES & CANINES

Ages 18yrs+

Take a coach ride to Fond du lac with us for the day out as we explore two different types of transportation – horse drawn carriage and dog sledding. At our first stop, the Siberian Outpost, you can visit with the dogs while our guide teaches you about sledding, the history of the Iditarod and the training for winter's most interesting sport. Our afternoon takes us to the Wade House as we return to the time of stagecoach travel and see a community where Yankee refinement met the Wisconsin wilderness. We finish the day at one of our favorites spots, Kelley's Country Creamery, for an on-our-own, ice cream treat. Please indicate your lunch choice at time of registration. Ham Sourdough Sandwich; Turkey on a garlic herb wrap; Veggie on a garlic herb wrap. **Hartland participants will board the bus at the Sussex Civic Center. Register by May 1.**

| DAYS/DATES   | TIMES             | PRICE          |
|--------------|-------------------|----------------|
| WEDS, MAY 24 | 7:00 AM - 4:30 PM | \$64R & \$69NR |

## MAMMA MIA! THE FAREWELL TOUR

18yrs+

We will travel by coach bus to the Fox Cities PAC in Appleton to see Mamma Mia the Musical in their farewell tour. A funny tale unfolds on a Greek island paradise where a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago. The story-telling magic of ABBA's timeless songs propels this enchanting tale of love, laughter and friendship. Enhance your fun and make it a Mother Daughter trip to celebrate Mother's Day! We will enjoy lunch prior to the show at Pullmans where you will have a choice of Chopped Salad, French Dip Sandwich or Chicken BLT Wrap. Please indicate your meal choice when registering. **Hartland participants will board the bus at the Sussex Civic Center. Register by February 17.**

| DAYS/DATES  | TIMES              | PRICE            |
|-------------|--------------------|------------------|
| SAT, MAY 13 | 10:15 AM - 6:45 PM | \$129R & \$134NR |

## FIRESIDE THEATRE SOUTH PACIFIC

Ages 55yrs+

Forty years ago the Fireside Dinner Theatre opened with their first production - South Pacific. Our coach bus is headed there to help them celebrate their anniversary. Rogers and Hammerstein's South Pacific, is a story of love, heroism, courage, optimism, and America. Set during World War II, this epic tale is told with humor, passion, beauty, action, and one of Broadway's most impressive musical scores featuring such unforgettable songs as "Some Enchanted Evening," "I'm Gonna Wash That Man Right Out of My Hair," "There Is Nothing Like a Dame," and more. On the way to the Fireside we will be stopping at the Jones Dairy Farm Outlet. **Hartland participants will board the bus at the Sussex Civic Center. Register by March 24.**

| DAYS/DATES   | TIMES             | PRICE          |
|--------------|-------------------|----------------|
| WEDS, APR 26 | 8:15 AM - 5:15 PM | \$94R & \$99NR |

## AMERICAN GIRL STORE AND SHOPPING IN CHICAGO

18yrs+

Our trip takes us to American Girl Place in the heart of Chicago. On arrival, we'll have lunch in the American Girl Café. After lunch, you can explore the store ... treat your doll to the American Girl hair salon or pose with her in the American Girl photo studio for a special portrait to highlight your day together. After you spend time at the store, you will have a few hours to shop or walk around Chicago on your own. For full details of the options available at the American Girl store, visit [http://www.americangirl.com/stores/location\\_chi.php](http://www.americangirl.com/stores/location_chi.php). The shops of Michigan Avenue are footsteps away for more shopping options. Fee includes lunch and transportation. **Hartland participants will board the bus at Nixon Park, 175 E. Park Ave, Hartland. Register by Friday, April 7.**

| DAYS/DATES  | TIMES             | PRICE          |
|-------------|-------------------|----------------|
| SAT, MAY 13 | 7:30 AM - 7:30 PM | \$70R & \$84NR |

# DANCE CLASSES

## ACADEMY & RECREATIONAL DANCE CLASSES

**ACADEMY** dance class participants may sign up for classes in the fall, winter and spring sessions. In order to partake in the end of the year recital, participants must sign up for all three seasons. Some classes may also require participants to attend two days a week of that class in order to be in the recital. If you are not interested in being in the recital you may just sign up for one of those classes during the week. **RECREATIONAL** classes are for individuals who are looking for an introduction to dance.

**ACADEMY AND RECREATIONAL** dance classes are brought to you by TTP Academy. TTP Academy is a group of experience, professional dance educators who want to share their passion and talent with people of all ages. The director previously owned To The Pointe in Hartland. Boys are welcome in all classes. Questions? Contact Nina, Director of TTP Academy at (262) 442-4906 or [ngfedak@gmail.com](mailto:ngfedak@gmail.com). All TTP Academy dance classes will be held at 352 Cottonwood Ave, Hartland Suite B. Learn more about TTP Academy at [www.ttpacademy.com](http://www.ttpacademy.com)

### ACADEMY DANCE CLASSES

#### CONTEMPORARY

TTP Academy

10yrs+

For students age 10 and up who are also enrolled in ballet.

This is a blend of modern, jazz and ballet.

| DAY | TIMES          | PRICE |
|-----|----------------|-------|
| MON | 8:10 - 8:40 PM | \$100 |

#### BOYZ MAKIN' NOYZ AND DANCE

TTP Academy

7yrs+

This class is strictly for guys. Tap and Jazz-funk are both in this one class for guys 7 and up.

| DAY  | TIMES          | PRICE |
|------|----------------|-------|
| TUES | 7:30 - 8:30 PM | \$120 |

#### ACT IT OUT THEATRE

TTP Academy

Ages 5 - 7

This class does not require reading and is the perfect age to introduce a child to acting and becoming a character, following instructions, using listening skills, and working as a group.

| DAY  | TIMES          | PRICE |
|------|----------------|-------|
| WEDS | 4:15 - 4:45 PM | \$100 |

### ACADEMY DANCE CLASSES

#### TAP

TTP Academy

7yrs+

A true American dance form with many styles. Start with basic steps and then add speed and faster tempos.

| CLASS     | DAYS/DATES | TIMES          | PRICE |
|-----------|------------|----------------|-------|
| TAP INTRO | TUES       | 4:15 - 4:45 PM | \$100 |
| TAP I     | TUES       | 4:15 - 4:45 PM | \$100 |
| TAP IV    | WEDS       | 6:00 - 6:45 PM | \$110 |

#### JAZZ INTRO - JAZZ II

7yrs+

For students age 7 and up also enrolled in ballet. Many styles are explored including; classic jazz, funk, lyrical and more.

| CLASS      | DAYS/DATES | TIMES          | PRICE |
|------------|------------|----------------|-------|
| JAZZ INTRO | THRS       | 6:15 - 6:45 PM | \$100 |
| JAZZ I     | THRS       | 6:15 - 6:45 PM | \$100 |
| JAZZ II    | THRS       | 6:15 - 6:45 PM | \$100 |

### ACADEMY & RECREATION DANCE CLASSES SESSION DATES

|        |  |
|--------|--|
| Fall   | Sept 12 - Nov 17                             |
| Winter | Nov 28 - Feb 25<br>(No class Dec 19 - Jan 8) |
| Spring | Feb 27 - May 20<br>(No class Apr 10 - 16)    |

When registering indicate which session you are signing up for with each class.

### ACADEMY DANCE CLASSES

#### PRIMARY DANCE I

TTP Academy

4yrs

A complete introduction to dance for 4 year olds. Ballet positions, steps, and concepts using French terms are used to individually work with each student to help them become comfortable in the studio environment. Tap is introduced. Creative games and "play" are an important part of all the primary classes.

| DAY  | TIMES          | PRICE |
|------|----------------|-------|
| THRS | 4:25 - 4:55 PM | \$100 |

#### PRIMARY DANCE II

TTP Academy

5yrs

Similar to Primary Dance I but developed for 5 year olds. A bit more tap is used as the students' control and knowledge increase.

| DAY  | TIMES          | PRICE |
|------|----------------|-------|
| THRS | 4:25 - 4:55 PM | \$100 |

# DANCE CLASSES

## ACADEMY DANCE CLASSES

### POINTE & PRE-POINTE

TTP Academy

11yrs+

Dancers at Ballet III level and above may be eligible for pointe work based on strength, body structure, weight, and age (minimum of 11). Director evaluation is required. Students chosen to participate begin with **Pre-Pointe for one year and then are required to take two ballet classes and two pointe classes per week.** Pre-requisites: TTP's Ballet III or 5 years of experience taking Ballet.

| CLASS #    | DATES | TIMES          | PRICE |
|------------|-------|----------------|-------|
| POINTE     | MON   | 7:35 - 8:05 PM | \$100 |
| POINTE     | THRS  | 8:10 - 8:40 PM | \$100 |
| PRE POINTE | MON   | 7:35 - 8:05 PM | \$100 |
| PRE POINTE | THRS  | 8:10 - 8:40 PM | \$100 |

### BALLET & TAP FOR 6 YEAR OLDS

TTP Academy

6yrs+

This class is a scaled down version of a technique class. The students start with a barre warm up, then move to center. Both Ballet and Tap are taught and the teacher chooses which style will be used in the recital.

| DAY  | TIMES          | PRICE |
|------|----------------|-------|
| THRS | 4:25 - 5:10 PM | \$110 |

### MUSICAL THEATRE DANCE

TTP Academy

9yrs+

Learn the styles, characterization, and how to show your pizzazz in this fun class for age 9 & up.

| DAY  | TIMES          | PRICE |
|------|----------------|-------|
| TUES | 8:15 - 9:00 PM | \$110 |

## ACADEMY DANCE CLASSES

### BALLET CLASSES

TTP Academy

7yrs+

Our ballet program is based on the Vaganova (Russian) and French methods of technique. Each level challenges the student with new techniques and skills to create a well-developed dancer both physically and mentally. Levels I and VI are one-year programs while Levels II through V are all two year programs. **Level III through Level VI students attend at least two classes per week.**

| CLASS      | DAY/DATES | DATES          | FEE   |
|------------|-----------|----------------|-------|
| BALLET I   | THRS      | 5:15 - 6:00 PM | \$110 |
| BALLET II  | THRS      | 5:15 - 6:15 PM | \$120 |
| BALLET III | MON       | 6:15 - 7:30 PM | \$120 |
| BALLET III | THRS      | 6:50 - 8:05 PM | \$120 |
| BALLET IV  | MON       | 6:15 - 7:30 PM | \$120 |
| BALLET IV  | THRS      | 6:50 - 8:05 PM | \$120 |
| BALLET V   | MON       | 6:15 - 7:30 PM | \$120 |
| BALLET V   | THRS      | 6:50 - 8:05 PM | \$120 |
| BALLET VI  | MON       | 6:15 - 7:30 PM | \$120 |
| BALLET VI  | THRS      | 6:50 - 8:05 PM | \$120 |

### BE-BOP FOR TOTS

TTP Academy

3yrs

A special class for 3 year olds. Counting to 5 in French, learning first and second position and all the arms (port des bras), gross motor skills including skipping, hopping, jumping, and leaping. Listening skills, and defining right and left are important goals. Music, games, and dance all combine to help your 3 year old grow and learn.

| DAY/DATES | TIMES          | PRICE |
|-----------|----------------|-------|
| MON       | 4:15 - 4:45 PM | \$100 |

## RECREATIONAL DANCE CLASSES

### TINY TOTS

TTP Academy

2yrs

For 2 year olds, or other adult as a leader. Music, tempo, listening skills, and becoming comfortable in a studio class environment are the focus.

| DAY/DATES                               | TIMES            | PRICE |
|---|------------------|-------|
| WEDS, JAN 25 - FEB 22                   | 10:00 - 10:30 AM | \$50  |
| WEDS, MAR 1 - MAR 29                    | 10:00 - 10:30 AM | \$50  |
| WEDS, APR 5 - MAY 10<br>NO CLASS APR 12 | 10:00 - 10:30 AM | \$50  |

### NEXT STEP 3 & 4 YRS

TTP Academy

3 & 4yrs

This class will introduce dance positions and movements, help students become familiar with the classroom, practice listening skills, and learn to work in a group. Fun music and activities that they'll actually learn from.

| DAY/DATES                               | TIMES          | PRICE |
|---|----------------|-------|
| WEDS, MAR 1 - MAY 10<br>NO CLASS APR 12 | 5:15 - 5:45 PM | \$80  |



# YOUTH CLASSES

## TUMBLING CLASSES

### Heat Athletics

Ages 3 - 8

Participants will learn the basic movements and body positions needed to begin tumbling! This is an introductory class. No experience is necessary! Participants will safely learn new skills in our facility. Learn to flip, jump, and twirl with Heat Athletics. All participants that attend a class at Heat Athletics must fill out a Heat Athletics Waiver on the first day if they are new. Heat Athletics Waiver can be found at [www.heatathletics.com](http://www.heatathletics.com). Attire: clothes you can move in, gym shoes or bare feet and hair pulled back.

### TINY TUMBLING

Ages 3 - 5

| DAYS/DATES            | TIMES          | PRICE          |
|-----------------------|----------------|----------------|
| SAT, JAN 21 - FEB 25  | 9:00 - 9:45 AM | \$61R & \$76NR |
| TUES, JAN 24 - FEB 28 | 4:30 - 5:15 PM | \$61R & \$76NR |
| SAT, MAR 4 - APR 8    | 9:00 - 9:45 AM | \$61R & \$76NR |
| TUES, MAR 7 - APR 11  | 4:30 - 5:15 PM | \$61R & \$76NR |

### MINI TUMBLING

Ages 6 - 8

| DAYS/DATES            | TIMES            | PRICE          |
|-----------------------|------------------|----------------|
| SAT, JAN 21 - FEB 25  | 10:00 - 10:45 AM | \$61R & \$76NR |
| TUES, JAN 24 - FEB 28 | 5:30 - 6:15 PM   | \$61R & \$76NR |
| SAT, MAR 4 - APR 8    | 10:00 - 10:45 AM | \$61R & \$76NR |
| TUES, MAR 7 - APR 11  | 5:30 - 6:15 PM   | \$61R & \$76NR |

## CHEER 101

### Heat Athletics

Ages 3 - 12

This class will teach athletes new to cheerleading the basics of stunting, tumbling, jumps, and dance.

| AGES        | DAYS/DATES            | TIMES           | PRICE          |
|-------------|-----------------------|-----------------|----------------|
| AGES 6 - 12 | THRS, JAN 19 - FEB 23 | 5:30 - 6:30 PM  | \$73R & \$91NR |
| AGES 6 - 12 | THRS, MAR 2 - APR 6   | 5:30 - 6:30 PM  | \$73R & \$91NR |
| AGES 3 - 5  | SAT, JAN 21 - FEB 25  | 12:00 - 1:00 PM | \$73R & \$91NR |
| AGES 3 - 5  | SAT, MAR 4 - APR 8    | 12:00 - 1:00 PM | \$73R & \$91NR |

## \*NEW CLASS\*

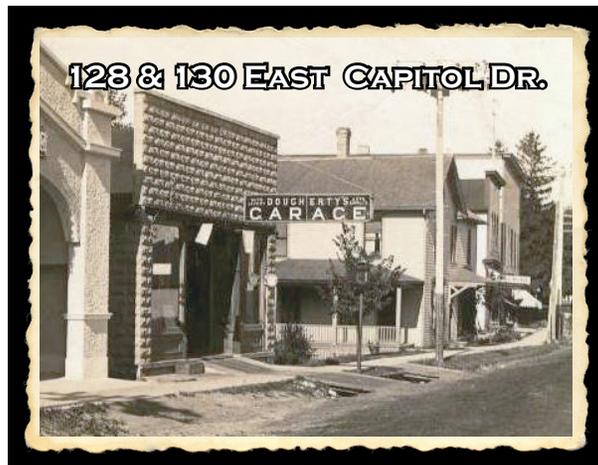
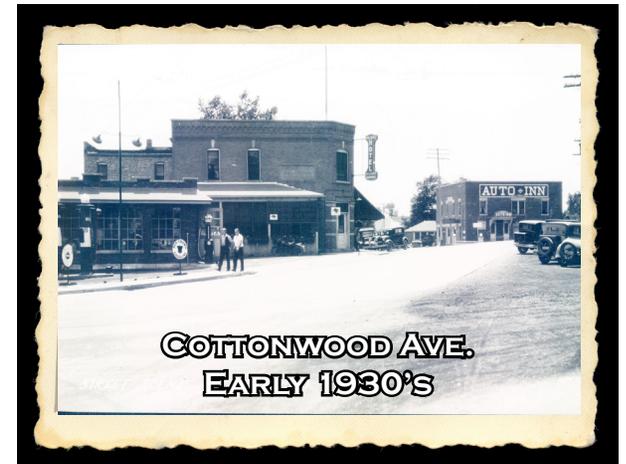
## MUSIC FOR LITTLE MOZARTS

### Lisa Sauer Piano Studio

Ages 4-5yrs

This class for ages 4-5 introduces your little one to musical styles and concepts through singing, movement, rhythm instruments and listening.

| DAY  | DATES           | TIMES            | PRICE          |
|------|-----------------|------------------|----------------|
| THRS | JAN 26 - FEB 23 | 10:30 - 11:15 AM | \$50R & \$60NR |
| THRS | MAR 9 - APR 6   | 10:30 - 11:15 AM | \$50R & \$60NR |



# YOUTH CLASSES

## "TRAIL OF GLASS", COMMUNITY GLASS FUSING TILE PROJECT

Sponsored by Lakeside School's Community Education and Lake Country Fine Arts School and Gallery Lake Country Fine Arts School and Gallery

5yrs+

Attend any one of the open studio time slots at Lake Country Fine Arts School and Gallery and help to create a traveling fused glass mural that represents the beauty of the Ice Age Trail. You will be shown how to score, snap and place many colors of glass and create the likeness of critters, sunsets or moonscapes along the amazing gem of the Ice Age Trail in Hartland. Register with your friends, family, classmates or scout troop. Groups up to 12 people at a time. The final art glass creation will be on display at Lake Country Fine Arts School and Gallery during the art Show, "Chillin' On The Trail A Walk of Art", Friday, May 12, 2017 6pm - 9pm. The art piece will then be donated to the Hartland Public Library.

| DAY  | DATES  | TIMES          | PRICE |
|------|--------|----------------|-------|
| MON  | APR 24 | 2:00 - 2:30 PM | FREE  |
| MON  | APR 24 | 2:30 - 3:00 PM | FREE  |
| MON  | APR 24 | 3:00 - 3:30 PM | FREE  |
| MON  | APR 24 | 3:30 - 4:00 PM | FREE  |
| MON  | APR 24 | 4:00 - 4:30 PM | FREE  |
| MON  | APR 24 | 4:30 - 5:00 PM | FREE  |
| MON  | APR 24 | 5:00 - 5:30 PM | FREE  |
| MON  | APR 24 | 5:30 - 6:00 PM | FREE  |
| TUES | APR 25 | 5:30 - 6:00 PM | FREE  |
| TUES | APR 25 | 6:00 - 6:30 PM | FREE  |
| TUES | APR 25 | 6:30 - 7:00 PM | FREE  |
| WEDS | APR 26 | 5:30 - 6:00 PM | FREE  |
| WEDS | APR 26 | 6:00 - 6:30 PM | FREE  |
| WEDS | APR 26 | 6:30 - 7:00 PM | FREE  |

## OPEN ART STUDIO FOR EARLY RELEASE THURSDAYS

Lake Country Fine Arts

Grades 1 - 8

Choose to glaze a ceramic sculpture, form a clay sculpture or create a glass pendant. Your creation will be fired and ready for pick up the following Tuesday.

| DAYS/DATES   | TIMES          | PRICE |
|--------------|----------------|-------|
| THRS, JAN 19 | 2:00 - 3:00 PM | \$15  |
| THRS, FEB 16 | 2:00 - 3:00 PM | \$15  |
| THRS, MAR 16 | 2:00 - 3:00 PM | \$15  |
| THRS, APR 20 | 2:00 - 3:00 PM | \$15  |

## KIDS WATER COLOR WORKSHOP

Lake Country Fine Arts School and Gallery

7yrs+

Warm up these cold days with warm popping splashes of colors on paper. Explore wet on wet color mixing, enhancing detail with dry brushing and deepening the colors with patience and time.

| DAYS/DATES  | TIMES           | PRICE          |
|-------------|-----------------|----------------|
| SAT, FEB 18 | 9:00 - 10:45 AM | \$32R & \$38NR |

## TODDLER SCULPTING WITH CLAY

Lake Country Fine Arts

Ages 2 - 4

We will squish, squeeze and pinch clay to create beautiful works of art. The students are given flexibility and encouraged to use creativity while making successful seasonal projects. All materials are food safe. Parents/guardians participation is required.

| DAYS/DATES           | TIMES          | PRICE          |
|----------------------|----------------|----------------|
| WEDS, MAR 8 & 15     | 3:00 - 3:45 PM | \$30R & \$36NR |
| WEDS, APR 26 & MAY 3 | 3:00 - 3:45 PM | \$30R & \$36NR |

## BUILD A MAGICAL FAIRY HOUSE

Lake Country Fine Arts School and Gallery

7yrs+

Fairies live deep in the woods and in our flower beds in small structures where gnomes, butterflies and all their magical friends can visit. Sticks, bark, dry grasses, pebbles, shells, feathers, seaweed, pine cones and nuts are just some of the natural materials that will be used to make a whimsical habitat to place where you know the fairies are fluttering.

| DAYS/DATES  | TIMES           | PRICE          |
|-------------|-----------------|----------------|
| SAT, APR 22 | 9:00 - 10:45 AM | \$35R & \$42NR |



# YOUTH CLASSES



**KEN LEROY - 1924**

## SMART SITTER

### Lake Country Martial Arts

11yrs+

This babysitting certification course is created especially for kids and teens ages 11 and up who are interested in becoming babysitters. Taught in full compliance with the most up to date American Academy of Pediatrics and American Safety and Health Institute curriculums this course includes safety, basic child care, strategies to plan ahead to avoid the most common babysitting problems, as well as guidelines for building strong, lasting relationships with your clients.

| DAYS/DATES  | TIMES          | PRICE          |
|-------------|----------------|----------------|
| FRI, MAR 10 | 5:30 - 8:30 PM | \$44R & \$53NR |
| FRI, MAY 5  | 1:00 - 4:00 PM | \$44R & \$53NR |

## DELAFIELD FREE FISHING DAY FOR KIDS

### Delafield Fish Hatchery Pond

Ages 6 - 12

This is a free family event that will give kids the opportunity to try out fishing for the first time or brush up on their skills. The pond will be stocked, and rods, reels and bait will be provided. No fee, but advanced registration is required.

| DAYS/DATES  | TIMES            | PRICE |
|-------------|------------------|-------|
| SAT, MAY 20 | 9:00 - 10:00 AM  | FREE  |
| SAT, MAY 20 | 10:00 - 11:00 AM | FREE  |

## BRAZILIAN JIU JITSU

### Lake Country Martial Arts

13yrs+

Brazilian Jiu Jitsu is a popular sport and self defense system. The goal of a BJJ student is to use efficient movement and win by using superior technique to control and submit an opponent. This introductory class will focus on basic positions, safe falling techniques and some safe and easy to learn submissions.

| DAYS/DATES          | TIMES                         | PRICE        |
|---------------------|-------------------------------|--------------|
| SAT, FEB 4 - MAR 11 | AGES 7 - 11, 11:00 - 12:00 PM | \$63R & 75NR |
| SAT, FEB 4 - MAR 11 | AGES 12YRS+, 12:00 - 1:30 PM  | \$82R & 90NR |

## BEGINNER TAEKWONDO

### Lake Country Martial Arts

7yrs+

In this class students will learn the basics of the Korean art of Taekwondo including kicks, punches, blocks, and self-defense with an emphasis on the discipline, courtesy, and respect that governs the art. Students will work under direct instructor supervision on pads and training bags and will not have any kicking or striking contact with other students during this beginner class. The last class will include a brief belt ceremony in which students will show their skills, break a board, and earn their White belt.

| DAYS/DATES          | TIMES            | PRICE        |
|---------------------|------------------|--------------|
| SAT, JAN 7 - FEB 11 | 10:00 - 10:50 AM | \$63R & 75NR |
| SAT, APR 8 - MAY 13 | 10:00 - 10:50 AM | \$63R & 75NR |

## CLASSICAL FENCING (ITALIAN FOIL)

### Lake Country Martial Arts

10yrs+

This introduction to Italian Foil teaches historical fencing in the style of the 19th and early 20th century, when dueling was a skill needed by the upper class. Today, fencing has become an exciting sport that is practiced world wide and is featured as a part of the summer Olympics. Learn the fundamentals of classic fencing including hand positions, proper footwork, and attacks and re posts. Fencing, sometimes described as "physical chess" is a life long art based on subtlety and precision and offers continue challenge and satisfaction.

| DAYS/DATES                              | TIMES          | PRICE        |
|---|----------------|--------------|
| FRI, JAN 6 - FEB 10                     | 5:30 - 6:30 PM | \$75R & 90NR |
| FRI, FEB 17 - MAR 31<br>NO CLASS MAR 17 | 5:30 - 6:30 PM | \$75R & 90NR |

## BASIC HORSEMANSHIP

### Knollwood Farms

7yrs+

Basic Horsemanship classes specialize in English style. Levels range from beginner through advanced. Hard soled shoes and long pants (preferably jeans) required. Helmet required and provided.

| DAY  | DATES           | TIMES          | PRICE |
|------|-----------------|----------------|-------|
| MON  | JAN 2 - FEB 20  | 6:30 - 7:15 PM | \$260 |
| MON  | FEB 27 - APR 17 | 6:30 - 7:15 PM | \$260 |
| MON  | APR 24 - JUN 19 | 6:30 - 7:15 PM | \$260 |
| TUES | JAN 3 - FEB 21  | 5:30 - 6:15 PM | \$260 |
| TUES | FEB 28 - APR 18 | 5:30 - 6:15 PM | \$260 |
| TUES | APR 25 - JUN 13 | 5:30 - 6:15 PM | \$260 |
| WEDS | JAN 4 - FEB 22  | 6:30 - 7:15 PM | \$260 |
| WEDS | MAR 1 - APR 19  | 6:30 - 7:15 PM | \$260 |
| WEDS | APR 26 - JUN 14 | 6:30 - 7:15 PM | \$260 |
| SUN  | JAN 8 - FEB 26  | 2:30 - 3:15 PM | \$260 |
| SUN  | MAR 5 - APR 30  | 2:30 - 3:15 PM | \$260 |
| SUN  | MAY 7 - JUN 25  | 2:30 - 3:15 PM | \$260 |

# YOUTH CLASSES

## KALI FOR KIDS

### Lake Country Martial Arts

Ages 8 - 12yrs

The Filipino arts of Escrima, Kali and Arnis are broad terms for the many styles of Martial arts practiced in the Philippine islands. This introductory class will focus on escrima (a rattan stick) and will teach basic offensive and defensive angles, agility in movement, and building strength and coordination in a fun and safe environment. Take advantage of this rare opportunity to train with three members of the US Nationals Full Contact Stick Fighting Team.

| DAYS/DATES          | TIMES          | PRICE          |
|---------------------|----------------|----------------|
| WEDS, MAR 1 - APR 5 | 4:30 - 5:15 PM | \$63R & \$75NR |

## SKI TRIP - CASCADE MOUNTAIN

### Cascade Mountain Rd, Portage, WI

Friday, January 20

Grades 6 - 8

Loading: 7:30 am

Depart: 8:00 am

Estimated return: 5:00 pm

Depart and Pickup at North Shore Middle School, 800 E. North Shore Drive, Hartland

Looking for something to do on your day off of school? Join us as we swoosh down the slopes of Cascade Mountain. Fee includes rental of all equipment, but not a meal option. Meals are an additional fee and are optional. Parent and participant waivers MUST be signed and handed in one week before the trip. Waivers can be found at [www.villageofhartland.com](http://www.villageofhartland.com). You may also request one by email by contacting the Recreation Department at [kellyi@villageofhartland.com](mailto:kellyi@villageofhartland.com). Please have your child arrive at 7:30 am to check in and load the bus. We will be leaving PROMPTLY at 8:00 am.

Fee: \$45 per person without the meal option.

Please register for which meal option you would like and add it to the \$45. Your child may bring a bag lunch.

| Rental    | PRICE | MEAL OPTION       | PRICE |
|-----------|-------|-------------------|-------|
| SKI       | \$45  | BASIC             | \$9   |
| SNOWBOARD | \$45  | PIZZA             | \$8   |
| NO RENTAL | \$45  | BRINGING OWN MEAL | \$0   |

## SPRING BREAK TRIP WEEK

Ages 6 - 12

Join us for our NEW SPRING BREAK TRIP Week! Each day participants will go on a new and exciting field trip to the following locations; Discovery World, EAA Museum, Trek Bicycle, Skate Express, Dinosaur Museum, Jelly Belly Factory, Flabbergast & Skyzone. Children may sign up for the entire week or each trip individually. It is required that your child brings, a bag lunch, mid-afternoon snack, and plenty of water.

| TRIP LOCATIONS                                  | DAYS/DATES                | TIMES             | PRICE |
|---|---------------------------|-------------------|-------|
| ALL TRIPS                                       | MON, APR 10 - FRI, APR 14 | 8:00 AM - 4:00 PM | \$166 |
| DISCOVERY WORLD                                 | MON, APR 10               | 8:00 AM - 4:00 PM | \$44  |
| EAA MUSEUM                                      | TUES, APR 11              | 8:00 AM - 4:00 PM | \$44  |
| TREK BICYCLE TOUR & SKATE EXPRESS               | WEDS, APR 12              | 8:00 AM - 4:00 PM | \$44  |
| DINOSAUR DISCOVERY MUSEUM & JELLY BELLY FACTORY | THRS, APR 13              | 8:00 AM - 4:00 PM | \$44  |
| FLABBERGAST & SKYZONE                           | FRI, APR 14               | 8:00 AM - 4:00 PM | \$44  |

## ARCHERY - w/Dave

### Hartland South Elementary

Ages 8 - 13

This class will teach youth ages 8 - 13 the basics of archery. Class will be instructed by Dave Christman, Hartland Lakeside's North Shore Middle School Phy. Ed teacher and a Certified Archery Instructor. During this class, youth will learn about safety and archery equipment. Youth will also learn the technique and the mental concentration that is required to perform this sport.

| CLASS LEVEL  | DAYS/DATES          | TIMES           | PRICE          |
|--------------|---------------------|-----------------|----------------|
| BEGINNERS    | SUN, JAN 15- FEB 12 | 12:30 - 1:15 PM | \$45R & \$57NR |
| INTERMEDIATE | SUN, JAN 15- FEB 12 | 1:30 - 2:15 PM  | \$45R & \$57NR |

## LEARN TO SKATE

### Naga-Waukee Ice Arena Ice Rink

Ages 4 - 12

This class is a cooperative program between the Village of Hartland, Waukesha County Parks and surrounding communities. It consists of developing basic ice skating skills. Youth will develop confidence on the ice by learning to go forward, backward, turning, stopping, falling and recovery. It is suggested children bring helmets (bike or other helmet is fine) to class. Skates are provided.

| DAYS/DATES            | TIMES                       | PRICE |
|-----------------------|-----------------------------|-------|
| SATS, JAN 7 - FEB 11  | AGES 4 - 6, 1:45 - 2:15 PM  | \$65  |
| SATS, JAN 7 - FEB 11  | AGES 7 - 12, 2:15 - 2:45 PM | \$65  |
| WEDS, MAR 15 - APR 19 | AGES 4 - 12, 5:30 - 6:00 PM | \$65  |
| WEDS, MAY 24 - JUN 28 | AGES 4 - 12, 5:30 - 6:00 PM | \$65  |

## LEARN TO SKATE - MULLETT

### Mullett Ice Center

Ages 4 - 12

Learn to Skate at Arrowhead High School's premier on campus Ice Center. Our group lessons are run by qualified instructors. Lessons consist of 7 weekly sessions on Wednesday nights at 5:30pm & 6:15pm. Instructors will teach fundamentals of skating, including but not limited to falling down, standing up, forward stride, backward stride, and basic edge work and balance. Helmets and gloves are strongly suggested, bike helmets are acceptable. Skate rental is available if needed for an additional charge.

| DAYS/DATES           | TIMES          | PRICE                 |
|----------------------|----------------|-----------------------|
| MON, JAN 16 - FEB 27 | 5:30 - 6:15 PM | NO SKATE RENTAL, \$75 |
| MON, JAN 16 - FEB 27 | 5:30 - 6:15 PM | SKATE RENTAL, \$89    |
| MON, JAN 16 - FEB 27 | 6:15 - 7:00 PM | NO SKATE RENTAL, \$75 |
| MON, JAN 16 - FEB 27 | 6:15 - 7:00 PM | SKATE RENTAL, \$89    |

# YOUTH CLASSES

## FUNDAMENTALS OF BASKETBALL

### Hartland North Elementary

Ages 4 - 8

Fundamentals of Basketball is a class designed to give your child an overview of basic basketball skills. During the class, participants will be introduced to dribbling, shooting, rebounding, and passing.



| DAYS/DATES           | TIMES                        | PRICE          |
|----------------------|------------------------------|----------------|
| THRS, JAN 12 - FEB 2 | AGES 4 - 5<br>5:30 - 6:15 PM | \$60R & \$73NR |
| THRS, JAN 12 - FEB 2 | AGES 6 - 8<br>6:20 - 7:05 PM | \$60R & \$73NR |

## DRIBBLE DRIBBLE 101

### Hartland North Elementary

Ages 4 - 8

Dribble Dribble 101 - This class will build upon the skills learned in Fundamentals of Basketball. Participants will compete in different ball-handling drills, games and stations to develop those Hooper Hands.



| DAYS/DATES          | TIMES                        | PRICE          |
|---------------------|------------------------------|----------------|
| THRS, FEB 9 - MAR 2 | AGES 4 - 5<br>5:30 - 6:15 PM | \$60R & \$73NR |
| THRS, FEB 9 - MAR 2 | AGES 6 - 8<br>6:20 - 7:05 PM | \$60R & \$73NR |

## DRIBBLE DRIBBLE 102

### Hartland North Elementary

Ages 4 - 8

Participants are highly- encouraged to have taken both Fundamentals of Basketball and Dribble Dribble 101. We will increase ball- handling techniques with 1-on- 1 move to the basket along with more repetitious dribbling.



| DAYS/DATES            | TIMES                        | PRICE          |
|-----------------------|------------------------------|----------------|
| THURS, MAR 9 - MAR 30 | AGES 4 - 5<br>5:30 - 6:15 PM | \$60R & \$73NR |
| THURS, MAR 9 - MAR 30 | AGES 6 - 8<br>6:20 - 7:05 PM | \$60R & \$73NR |

## PASS-SHOOT-SCORE!

### Hartland North Elementary

Ages 4 - 8

This is a mini-basketball-league-class. In the beginning of class, participants will complete a series of different basketball fundamental drills and skills.

We will conclude class with players being divided into teams and scrimmaging against each other.



| DAYS/DATES                                  | TIMES                        | PRICE          |
|---|------------------------------|----------------|
| THURS, APRIL 6 - MAY 4<br>NO CLASS APRIL 13 | AGES 4 - 5<br>5:30 - 6:15 PM | \$60R & \$73NR |
| THURS, APRIL 6 - MAY 4<br>NO CLASS APRIL 13 | AGES 6 - 8<br>6:20 - 7:05 PM | \$60R & \$73NR |

## OPEN GYM

### Hartland South Elementary

Ages 10+

Youth and adults can shoot around at Hartland South Elementary. Ages 10 - 18 are \$3.00 at the door or \$10.00 if they sign up in advance for all 5 weeks. Parent/Guardians and individuals 18 and older are \$1.00 at the door or pay \$4.00 in advance for the whole session. Participants do not have to attend the Hartland Lakeside School District to be eligible to participate. Individuals from all school districts are welcomed.

| DAYS/DATES  | TIMES          | PRICE                                    |
|---|----------------|--|
| SUN, DEC 17 - FEB 5<br>NO OPEN GYM 12/25 & 1/1/17 | 3:00 - 5:00 PM | \$10 AGES 10 - 17<br>\$4 PARENT/GUARDIAN |

## NORTH SHORE BASKETBALL CAMP

### North Shore Middle School

Grades 1 - 6

This camp will instruct youth in the fundamentals of the game of basketball. This will give youth a strong foundation to build from when competing in grade school, high school and beyond. You will be given skills to help improve basic skills, such as man-to-man defense, rebounding, court awareness, ball handling and more. Youth will be encouraged to practice a hard work ethic, sportsmanship and team work.

| DAYS/DATES             | TIMES                                  | PRICE |
|------------------------|--|-------|
| MON - FRI, JUL 17 - 21 | GIRLS, GRADES 1 - 3<br>12:45 - 2:15 PM | \$45  |
| MON - FRI, JUL 17 - 21 | GIRLS, GRADES 4 - 6<br>2:30 - 4:00 PM  | \$45  |
| MON - FRI, JUL 24 - 28 | BOYS, GRADES 1 - 3<br>12:45 - 2:15 PM  | \$45  |
| MON - FRI, JUL 24 - 28 | BOYS GRADES 4 - 6<br>2:30 - 4:00 PM    | \$45  |



# YOUTH CLASSES

## VOLLEYBALL ACADEMY

### North Shore Middle School

Grades 3 - 5

Learn the fundamentals. This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

| DAYS/DATES                | TIMES          | PRICE          |
|---------------------------|----------------|----------------|
| MON, MAY 22 - FRI, MAY 26 | 4:15 - 5:30 PM | \$45R & \$54NR |

## ALL SKILLS SOCCER CAMP

### Hartland South Elementary

Ages 5 - 10

Kids will work on ball control in this fast paced camp. The camp is run by John Nekich certified K - 12 Physical Education Teacher for Hartland Lakeside School District. John has coached soccer at all levels from age 5 to High School Varsity. Please bring your own ball (5 - 7 size 3) & (8 - 10 size 4).

| DAYS/DATES             | TIMES                         | PRICE           |
|------------------------|-------------------------------|-----------------|
| MON - FRI, MAY 15 - 19 | AGES 5 - 7<br>4:15 - 5:00 PM  | \$45R & \$54 NR |
| MON - FRI, MAY 15 - 19 | AGES 8 - 10<br>5:15 - 6:00 PM | \$45R & \$54 NR |



**EAST CAPITOL LOOKING SOUTHEAST  
1915 - 1917**

## KIDSSPORTS MULTISPORT

### Centennial Park

Ages 3 - 6

The KidsSports MultiSport program is designed to include a variety of fun active games and activities professionally designed to provide a brief introduction to children on a multitude of specific sports such as soccer, baseball, football and kickball. Sports-specific skills will be emphasized along with general motor skills such as eye-hand and foot-eye coordination, large and fine motor skills, muscle development, body balance and agility. All in a relaxed environment with a focus on discovery for potential future focus.

| DAYS | DATES           | TIMES                          | PRICE          |
|------|-----------------|--------------------------------|----------------|
| SAT  | APR 29 - MAY 20 | Ages 3 & 4<br>12:00 - 12:40 PM | \$50R & \$60NR |
| SAT  | APR 29 - MAY 20 | Ages 5 & 6<br>12:50 - 1:30 PM  | \$50R & \$60NR |



**SPILLMAN LOG CABIN  
SOUTHEAST CORNER OF  
COTTONWOOD & LINDENWOOD**

## KIDSSPORTS SOCCER

### Centennial Park

Ages 4 - 7

The KidsSports Soccer program is designed to introduce the game of soccer in a fun but challenging environment. We will teach proper soccer skills like dribbling, passing, trapping, shooting, defending as well as other basic soccer concepts such as rules. The program consists of energized age appropriate games and activities each week along with organized actual small-sided matches.

| DAY | DAYS/DATES      | TIMES                        | PRICE          |
|-----|-----------------|------------------------------|----------------|
| MON | APR 24 - MAY 15 | AGES 4 & 5<br>4:30 - 5:10 PM | \$50R & \$60NR |
| MON | APR 24 - MAY 15 | AGES 6 & 7<br>5:20 - 6:00 PM | \$50R & \$60NR |



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